

PORK SAUSAGE & BELL PEPPER RISOTTO

with Parmesan & Lemon



HELLO -**BELL PEPPER**

Roasting brings out a slightly smoky, caramelized flavor in this sweet veg.



Italian Pork Sausage





Concentrates

Bell Pepper*







PREP: 5 MIN TOTAL: 45 MIN

CALORIES: 850

Arborio Rice



Parmesan Cheese



Scallions

Italian Seasoning

*Your bell pepper may be orange, yellow, or red. No matter what the color, it will still be delicious!

START STRONG

Risotto needs a little attention to become creamy and evenly tender. Don't forget to check in on it and stir while it simmers, adding stock in intervals along the way.

BUST OUT

- Medium pot
- Kosher salt
- Large pan
- Black pepper

2 | 4

1tsp | 2tsp

- Slotted spoon
- Paper towels
- Baking sheet
- Olive oil (4 tsp | 4 tsp)
- Butter (2 TBSP | 3 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

 Chicken Stock Concentrates 2 | 4

Scallions

 Garlic 1 Clove | 2 Cloves

 Bell Pepper 1 | 2

111 Lemon

 Italian Pork Sausage* 9 oz | 18 oz

· Arborio Rice 3/4 Cup | 11/2 Cups

· Parmesan Cheese 1/4 Cup | 1/2 Cup

Italian Seasoning



SIMMER STOCK & PREP Adjust rack to top position and preheat oven to 425 degrees. In a medium pot, combine stock concentrates and **4 cups water** (7 cups for 4 servings). Bring to a simmer, then reduce heat to low. Wash and dry all produce. Trim and thinly slice **scallions**, separating whites from greens. Peel and mince or grate garlic. Halve, core, and slice bell pepper into ½-inch-thick strips. Quarter lemon.



FINISH RISOTTO
Repeat process with remaining **stock**—adding ½ cup at a time and stirring until liquid has mostly absorbed—until rice is al dente and mixture is creamy, 25-30 minutes. TIP: Depending on the size of your pan, you may need a little more or a little less liquid.



COOK SAUSAGE Remove **sausage** from casing; discard casing. Heat a large drizzle of olive oil in a large pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 4-6 minutes. Using a slotted spoon, transfer sausage to a paper-towel-lined plate, leaving as much oil in pan as possible.



ROAST BELL PEPPER While risotto simmers, toss **bell** pepper on a baking sheet with a large drizzle of olive oil and remaining Italian Seasoning. Season with salt and pepper. Roast on top rack until softened and lightly charred, 15-20 minutes.



START RISOTTO Heat pan with reserved **oil** over medium heat; add scallion whites, garlic, rice, and half the Italian Seasoning (you'll use the rest later). (TIP: If pan is dry, add another drizzle of olive oil.) Cook, stirring, until scallion whites are softened and rice is translucent, 1-2 minutes, Add ½ cup **stock**; stir, scraping up any browned bits from bottom of pan, until liquid has mostly absorbed.



FINISH & SERVE Once **risotto** is done, stir in sausage, roasted bell pepper, half the Parmesan, and 2 TBSP butter (3 TBSP for 4 servings). Add a squeeze of **lemon juice** to taste and season with salt and pepper. Divide between bowls and sprinkle with scallion greens and remaining Parmesan. Serve with any remaining lemon wedges on the side.

MR. RICE GUY

Risotto is one of our fave customizable dishes—try it again with shrimp, peas, and lemon zest stirred in.

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^{*} Pork Sausage is fully cooked when internal temperature reaches 160 degrees.