

# **PORK SAUSAGE & PEA RISOTTO**

with Lemon & Parmesan



PREP: 5 MIN COOK: 50 MIN CALORIES: 930

14



#### **STIR IT UP**

Risotto needs a little TLC to become creamy and tender. Keep stirring as it simmers, adding stock in intervals.

## **BUST OUT**

• Zester

- Large pan
- Slotted spoon
  Medium pot
- Paper towels
- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)
- Butter (3 TBSP | 4 TBSP) Contains: Milk

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\*Pork Sausage is fully cooked when internal temperature reaches 160°.



## 1 COOK SAUSAGE

- Remove sausage\* from casing; discard casing.
- Heat a **drizzle of olive oil** in a large pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 5-7 minutes.
- Turn off heat. Using a slotted spoon, transfer sausage to a paper-towellined plate, keeping as much **oil** in pan as possible.



## 2 PREP

- Meanwhile, wash and dry produce.
- Halve, peel, and mince **shallot**. Zest and quarter **lemon**.
- In a medium pot, combine 4 cups water (7 cups for 4) and stock concentrates. Bring to a boil, then reduce to a low simmer. (You'll use the simmering stock in step 4.)



## **3 COOK SHALLOT**

 Melt 1 TBSP butter in pan used for sausage over medium heat. Add shallot and season with salt and pepper. Cook, stirring, until softened, 2-3 minutes.



## **4 START RISOTTO**

 Add rice and ½ cup stock to pan with shallot. Bring to a simmer and cook, stirring, until liquid has mostly absorbed. Repeat with remaining stock—adding ½ cup at a time and stirring until liquid has absorbed—until rice is al dente and risotto is creamy, 25-30 minutes. TIP: Depending on the size of your pan, you may need a little more or a little less liquid.



**5 FINISH RISOTTO** 

 Once risotto is done, stir in sausage, peas, half the Parmesan, 2 TBSP butter (3 TBSP for 4 servings), and a squeeze of lemon juice to taste. Season generously with salt and pepper.



6 SERVE

 Divide risotto between bowls. Top with lemon zest and remaining Parmesan.
 Serve with any remaining lemon wedges on the side.