

# PROSCIUTTO-WRAPPED CHICKEN

# over Truffled Mushroom Risotto



# = HELLO =

## TRUFFLE RISOTTO

A drizzle of truffle oil adds instant luxury to creamy grains of arborio rice.

PREP: 5 MIN

TOTAL: 50 MIN

CALORIES: 890



Chicken Stock Concentrates

Garlic





Shallot

Cremini Mushrooms



Arborio Rice



Chicken Breasts



Prosciutto



Lemon



Chives



Parmesan Cheese (Contains: Milk)



Garlic Herb Butter (Contains: Milk)



Truffle Oil

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#### START STRONG =

Risotto needs a little love to become perfectly creamy. Don't forget to check in on it and stir while it simmers, adding stock in intervals along the way.

### BUST OUT :

- Medium pot
- 2 Large pans
- Paper towel
- Medium pan
- Olive oil (1 TBSP | 2 TBSP)

#### INGREDIENTS =

Ingredient 2-person | 4-person

• Chicken Stock Concentrates 2 | 4

• Garlic 2 Cloves | 2 Cloves

• Shallot 1 | 2

• Cremini Mushrooms 4 oz | 8 oz

• Arborio Rice 3/4 Cup | 11/2 Cups

Chicken Breasts
 12 oz | 24 oz

• Prosciutto 2 oz | 4 oz

• Lemon 1 | 2

• Chives ½ oz | ½ oz

• Garlic Herb Butter 2 TBSP | 4 TBSP

• Parmesan Cheese ¼ Cup | ½ Cup

• Truffle Oil 5 tsp | 10 tsp

#### **WINE CLUB**

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PREHEAT AND PREP
Wash and dry all produce. Adjust
rack to middle position and preheat
oven to 400 degrees. Bring 4 cups water
and stock concentrates to a boil in a
medium pot. Once boiling, reduce heat
to low. Meanwhile, slice garlic as thinly
as possible. Halve, peel, and mince
shallot. Trim mushrooms, then cut into
¼-inch-thick slices.



COOK CHICKEN
Heat a drizzle of olive oil in another large pan over medium-high heat (use an ovenproof pan if you have one).
Add wrapped chicken to pan and sear until browned, about 2 minutes per side. Transfer pan to oven and roast until no longer pink in center, about 15 minutes. Let rest a few minutes, then slice crosswise. TIP: If your pan isn't ovenproof, transfer chicken to a small baking dish before putting in oven.



2 START RISOTTO

Heat a drizzle of olive oil in a large
pan over medium heat. Add shallot and
garlic. Cook, tossing, until softened, 1-2
minutes. Add rice and cook, stirring,
until translucent, 1-2 minutes. Add
stock ½ cup at a time, stirring after each
addition. Allow rice to absorb most of the
stock before adding more. Continue until
al dente and creamy, 30-35 minutes.



Heat a drizzle of olive oil in a medium pan over medium-high heat.
Add mushrooms and season with salt and pepper. Cook, tossing, until tender, 4-7 minutes. Cut lemon into wedges.
Mince chives. Once mushrooms are done, stir into risotto along with herb butter, half the Parmesan, half the chives, a squeeze of lemon, and any juices released by chicken. Season with salt, pepper, and more lemon to taste.

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PREP CHICKEN
Pat chicken dry with a paper towel.
Lay two slices of prosciutto beside
each other on a flat surface. Tightly roll
prosciutto around chicken. Repeat with
another two slices of prosciutto and
other chicken breast (you may have
some prosciutto left over; use the rest as
you like).



6 PLATE AND SERVE
Divide risotto between plates and sprinkle with remaining Parmesan and chives. Top with chicken. Drizzle with truffle oil to taste. Serve with any remaining lemon wedges on the side.

### IMPRESSIVE! =

Drizzle any leftover truffle oil on eggs, potatoes, pasta, or roasted veggies for a luxurious touch.

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