

CREAMY CILANTRO STEAK BOWLS

with Garlic Lime Rice and Charred Poblano



HELLO -

CHARRED POBLANO

Deeply browning the pepper adds smokiness and depth of flavor.



Red Onion

Poblano Pepper



Lime



Jasmine Rice



Cumin





PREP: 15 MIN TOTAL: 30 MIN CALORIES: 750

Garlic

Cilantro

Jalapeño

40.17 CREAMY CILANTRO STEAK BOWLS_NJ.indd 1 9/12/19 11:32 AM

START STRONG

Adjust the creamy cilantro sauce to taste in step 3, adding more jalapeño for a kick, more lime juice for a tangy punch, or more cumin for warmth and earthiness.

BUST OUT

- Zester
- Large pan
- Small pot
- Kosher salt
- Small bowl
- Black pepper
- Paper towels
- Olive oil (1 TBSP | 2 TBSP)
- Vegetable oil (4 tsp | 4 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

Poblano Pepper

1 | 2

Red Onion

1 | 2 ½ oz | ½ oz

CilantroGarlic

2 Cloves | 4 Cloves

• Lime

1 | 2

Jalapeño

111

• Jasmine Rice

3/4 Cup | 11/2 Cups

Sour Cream

2 TBSP | 4 TBSP

• Cumin

1 tsp | 2 tsp

• Ranch Steak*

10 oz | 20 oz

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon







Wash and dry all produce. Core, deseed, and thinly slice poblano. Halve, peel, and thinly slice onion; mince a few slices until you have 1 tsp (2 tsp for 4 servings). Mince cilantro leaves and stems. Mince garlic; set aside ¼ tsp. Zest and quarter lime (quarter both limes for 4). Thinly slice jalapeño into rounds, removing ribs and seeds for less heat; mince a few slices until you have ½ tsp.



Pat steak dry with paper towels.
Season all over with salt, pepper, and remaining cumin; rub to thoroughly coat. Heat a large drizzle of oil in a large pan over medium-high heat. Add steak and cook to desired doneness, 3-6 minutes per side. Turn off heat; transfer to a cutting board to rest. Wipe out pan.



2 COOK RICE
Heat a drizzle of oil in a small,
lidded pot over medium-high heat. Add
remaining garlic and cook until fragrant,
20-30 seconds. Stir in rice, 1½ cups
water (2½ cups for 4 servings), and a
pinch of salt. Bring to a boil, then cover
and reduce to a low simmer. Cook until
tender, 15-18 minutes. Keep covered off
heat until ready to serve.



Heat another drizzle of oil in same pan over medium-high heat. Stir in poblano, sliced onion, and a pinch of salt. Cook, stirring occasionally, until softened and lightly charred, 6-8 minutes. TIP: If veggies begin to brown too quickly, add a splash of water.



MAKE SAUCE
Meanwhile, in a small bowl,
combine sour cream, cilantro, minced
onion, reserved ¼ tsp garlic, juice from
2 lime wedges (4 wedges for 4 servings),
a pinch of minced jalapeño, a pinch of
cumin, 1 TBSP olive oil (2 TBSP for 4),
salt, and pepper. Stir in water 1 tsp at
a time until mixture reaches a drizzling
consistency.



FINISH AND SERVE
Fluff rice with a fork and stir in 1
TBSP butter (2 TBSP for 4 servings), lime
zest, salt, and pepper. Divide between
bowls. Thinly slice steak against the grain,
then add to bowls along with veggies.
Drizzle with sauce. Top with as much
sliced jalapeño as you like. Serve with any
remaining lime wedges on the side.

DO BE SO SALTY

Quick chef's trick: sprinkle your finished steak with flaky sea salt for extra brightness and crunch.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com

/K 40 NJ-17

^{*} Steak is fully cooked when internal temperature reaches 145 degrees.