

# **ROASTED PORK TENDERLOIN**

with Lemony Potatoes and Zucchini



# HELLO **LEMONY POTATOES**

A squeeze of citrus adds instant sunshine to tender roasted spuds.



Yukon Gold

Potatoes

Red Onion

Garlic

Lemon



Zucchini

Cilantro

Chicken Demi-Glace (Contains: Milk)

Pork Tenderloin

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#### **START STRONG**

Don't forget to turn the pork periodically as it sears in the pan. You want to brown it on all sides, which will ensure that the meat cooks evenly and is perfectly delicious throughout.

#### **BUST OUT**

- 2 Baking sheets
- Large pan
- Olive oil (1 TBSP | 2 TBSP)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

—— INGREDIENTS ——	
Ingredient 2-person   4-person	
Yukon Gold Potatoes	12 oz   24 oz
Red Onion	1 2
• Garlic	2 Cloves   2 Cloves
• Lemon	1 1
• Zucchini	1 2
• Cilantro	¼ oz   ¼ oz
Pork Tenderloin	12 oz   24 oz
Chicken Demi-Glace	1 2







#### **ROAST POTATOES**

Wash and dry all produce. Adjust rack to upper position and preheat oven to 450 degrees. Cut **potatoes** into ½-inch cubes. Toss on a baking sheet with a drizzle of **olive oil** and a pinch of **salt** and **pepper**. Roast in oven until tender and crisped, about 25 minutes, tossing halfway through.



ROAST PORK

Transfer **pork** to baking sheet with **onion** and **zucchini**. Roast in oven until veggies are tender and pork is cooked to desired doneness, 12-15 minutes. Let pork rest 5 minutes after removing from oven. **TIP:** If veggies finish cooking first, remove from sheet and return pork to oven.



# PREP

Halve and peel **onion**, then chop into ½-inch pieces. Mince or grate **garlic**. Halve **lemon**. Halve **zucchini** lengthwise, then slice into ½-inch-thick half-moons. Roughly chop **cilantro**. Toss onion and zucchini on another baking sheet with a drizzle of **olive oil** and a pinch of **salt** and **pepper**.



### COOK PORK

Heat a drizzle of **olive oil** in a large pan over medium-high heat. Season **pork** all over with **salt** and **pepper**. Add to pan and cook, turning occasionally, until browned all over, about 10 minutes total.



**5** MAKE PAN SAUCE Meanwhile, lower heat under pan used for pork to medium and add garlic and 1 TBSP butter. Once butter is melted and garlic is fragrant, 1-2 minutes later, stir in demi-glace and ½ cup water, scraping up any browned bits from bottom of pan. Simmer until slightly reduced, 3-4 minutes. Remove pan from heat. Season with pepper and a squeeze of lemon.



**6 PLATE AND SERVE** Divide **potatoes**, **onion**, and **zucchini** between plates. Season with **salt** and **pepper**. Drizzle with a squeeze or two of **lemon**. Slice **pork**, then arrange on top of potatoes and veggies. Drizzle with **pan sauce** and garnish with **cilantro**.

## - SOUR POWER!

Just add lemon to take dinner above and beyond.