

PORK SAUSAGE AND TOMATO RISOTTO

with Lemony Zucchini Ribbons



HELLO -**RISOTTO**

This Italian dish is made with short-grain arborio rice, which has starches that make it extra creamy.



Yellow Onion









Parmesan Cheese (Contains: Milk)

Italian Pork Roma Tomato Sausage



Tuscan Heat



Zucchini



Lemon

PREP: 10 MIN TOTAL: 40 MIN CALORIES: 980

Chicken Stock Concentrate

10/31/19 10:45 AM

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START STRONG

Our preferred technique for removing sausage casing, as you will in step 1? Using the tip of your knife, make a shallow slit along the length of the sausage, then peel away and discard the casing.

BUST OUT

- · Large pan
- Zester
- Slotted spoon Medium bowl
- Paper towels
- Kosher salt
- Peeler
- Black pepper
- Sugar (½ tsp | 1 tsp)
- Olive oil (2 tsp | 2 tsp)
- Butter (3 TBSP | 4 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

• Italian Pork Sausage* 9 oz | 18 oz

111 Yellow Onion

1 | 2 Roma Tomato

· Arborio Rice 3/4 Cup | 11/2 Cups

Tuscan Heat Spice 1 TBSP | 1 TBSP

· Chicken Stock Concentrate

 Zucchini 1 | 2

• Lemon 1 | 1

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.

· Parmesan Cheese



1 | 2

1/4 Cup | 1/2 Cup





COOK SAUSAGE

Remove **sausage** from casing; discard casing. Heat a drizzle of olive oil in a large pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 5-7 minutes. Turn off heat. Using a slotted spoon, transfer sausage to a paper-towel-lined plate, keeping as much oil in pan as possible.



PREP Meanwhile, wash and dry all **produce**. Halve **onion**. Peel and thinly slice one half (save remaining half for another use; for 4 servings, slice whole onion). Dice tomato.



START RISOTTO Heat pan used for sausage over medium heat. Add 1 TBSP butter, sliced onion, ½ tsp sugar (1 tsp for 4 servings), and a big pinch of **salt** and **pepper**. Cook, stirring, until onion is softened, 5-7 minutes. Add rice and Tuscan Heat **Spice**. Cook, stirring, until grains are translucent, 1-2 minutes. Stir in tomato and ½ cup water, scraping up any browned bits from bottom of pan.



FINISH RISOTTO Meanwhile, measure 4 cups hot water (7 cups for 4 servings). Add stock concentrate and 1/2 cup hot water to pan with **rice**. Bring to a simmer and cook, stirring, until liquid is mostly absorbed. Continue adding water ½ cup at a time stirring and letting liquid absorb after each addition—until rice is al dente and mixture is creamy, 25-30 minutes. TIP: You may not use all of the water.



MARINATE ZUCCHINI RIBBONS

While risotto cooks, trim ends from **zucchini**. Using a peeler, shave zucchini lengthwise into ribbons, rotating as you go, until you get to the seedy core; discard core. Zest and quarter lemon. Add a large squeeze of **lemon juice** to a medium bowl. Toss in zucchini, **lemon** zest to taste, a drizzle of olive oil, and salt and pepper to taste.



FINISH AND SERVE Once **risotto** is done cooking, stir in sausage, Parmesan, and 2 TBSP butter (3 TBSP for 4 servings). Season with salt (we used ½ tsp; 1 tsp for 4) and **pepper**. Divide risotto between bowls or plates. Top with **zucchini ribbons** or serve them on the side, along with any remaining lemon wedges.

ZESTY!

Lemony zucchini ribbons are also a fantastic no-cook side dish.

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^{*} Pork Sausage is fully cooked when internal temperature reaches 160 degrees.