



HELLO -

HONEY HOISIN

A sweet and savory duo that adds oomph to any stir-fry



Scallions



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Garlic

Ginger

Hoisin Sauce (Contains: Soy) Jasmine Rice



Honey







Baby Bok Choy

Soy Sauce (Contains: Soy)

Sesame Seeds

START STRONG -

If you're having trouble getting the bok choy to tenderize, try adding a splash of water to the pan, which will steam it.

BUST OUT

- Small pot
- Peeler
- Medium bowl
- Large pan
- Oil (2 tsp)

Ingredient 4-person	
• Baby Bok Choy	4
• Scallions	4
• Ginger	2 Thumbs
• Garlic	4 Cloves
Jasmine Rice	1 Cup
Soy Sauce	4 TBSP
Hoisin Sauce	2 TBSP
• Honey	8 tsp
Beef Sirloin Tips	16 oz
Sesame Seeds	2 TBSP

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PREP

Wash and dry all produce. Bring 2 cups water to a boil in a small pot. Trim bottom root ends from **bok choy** and discard. Cut head in half lengthwise, then slice crosswise into strips. Trim, then thinly slice **scallions**, keeping greens and whites separate. Peel, then mince **ginger** until you have 2 TBSP. Mince or grate **garlic**.

2 COOK RICE Once water is boiling, add rice to pot. Cover, lower heat, and reduce to a simmer. Cook until tender, 15-20 minutes. Remove from heat and keep covered until rest of meal is ready.



MARINATE BEEF

Combine **soy sauce**, **hoisin**, **honey**, half the **ginger**, and half the **garlic** in a medium bowl. Add **beef** and toss to coat. **TIP:** If you have extra time, let beef marinate for up to 3 hours in the refrigerator.



COOK BEEF Heat a drizzle of **oil** in a large pan over medium-high heat. Add **beef** to pan, leaving excess marinade in bowl. Cook, tossing occasionally, until browned and almost cooked through, 2-3 minutes. Remove from pan and set aside.



5 FINISH STIR-FRY Add **scallion whites**, remaining **ginger**, remaining **garlic**, and another drizzle of **oil** to same pan over medium heat. Cook, tossing, until fragrant, about 1 minute. Add **bok choy** and cook, tossing, until tender, 3-4 minutes. Season with **salt** and **pepper**. Return **beef** to pan along with **marinade** from bowl. Let bubble until a thick sauce has formed, 2-3 minutes. Season with **salt** and **pepper**.



PLATE AND SERVE Divide rice between plates. Top with stir-fry. Sprinkle with scallion greens and sesame seeds and serve.
KIDS CAN HELP!

EASY DOES IT!

Stir-frys deliver the biggest flavor-to-effort ratio.