

HALL OF FAME

# **VEGGIE CHILES RELLENOS**

with Avocado Salsa & Zesty Crema



## **HELLO**

### **HALL OF FAME**

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!







Chili Pepper







Yellow Onion

Roma Tomato

Sour Cream

Concentrate

Veggie Stock

Southwest Spice Blend

Jasmine Rice Avocado



Monterey Jack Cheese (Contains: Milk)

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 840

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#### **START STRONG**

To check if your avocado is at the perfect stage of ripeness, give it a gentle squeeze in the palm of your hand—it should feel firm (not hard) and yield slightly to pressure. Not quite there yet? Take the avo out of the fridge (the cold will slow ripening) and let it sit on your counter a day before you're ready to cook. Bonus: if you happen to have a banana on hand, stick the two in a paper bag together to speed things along.

#### **BUST OUT**

- Baking sheet
- Large pan
- Small pot
- Medium bowl
- Zester
- Kosher salt
- Small bowl

Jasmine Rice

Sour Cream

- Black pepper
- Vegetable oil (4 tsp | 8 tsp)
- Olive oil (2 tsp | 2 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

- Poblano Peppers
  - 3/4 Cup | 11/2 Cups

4 TBSP | 8 TBSP

2 | 4

- Yellow Onion 1|2
- Roma Tomato 1 | 2
- Lime 1|2
- Chili Pepper 1 1 1
- Veggie Stock Concentrate
- Southwest Spice Blend 1 TBSP | 2 TBSP
- Monterey Jack Cheese
   ½ Cup | 1 Cup



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ROAST POBLANOS
Adjust rack to middle position and preheat oven to 425 degrees. Wash and dry all produce. Halve poblanos lengthwise; remove stems and seeds. Drizzle each half with oil; season with salt and pepper. Place on a baking sheet and roast on middle rack until softened, 15-17 minutes.



MIX FILLING
Stir cooked rice into pan with
veggies until thoroughly combined.
Return pan to medium-high heat. Stir
in 1 TBSP butter (2 TBSP for 4 servings)
until melted. Turn off heat. Season with
salt and pepper.



2 COOK RICE & PREP
In a small pot, combine rice, 1¼ cups
water (2¼ cups for 4 servings), and a big
pinch of salt. Bring to a boil; cover and
reduce to a low simmer. Cook until tender,
15-18 minutes. Meanwhile, dice onion and
tomato. Zest and quarter lime (quarter
both limes for 4). Mince chili. In a small bowl,
combine sour cream, lime zest to taste,
salt, and pepper. Add water 1 tsp at a time
until mixture reaches a drizzling consistency.



Once poblanos are roasted, stuff each half with as much filling as will fit. Nestle into pan with remaining filling. (TIP: If your pan isn't ovenproof, transfer mixture to a small baking dish and arrange stuffed poblanos in there.) Sprinkle poblano halves with Monterey Jack. Bake until cheese is melted and slightly crisp at edges, 7-8 minutes.



Teach to the tomato, 2 TBSP water (1/4 cup for 4 servings), salt, and pepper. Cook, stirring, until softened, 2-3 minutes. Turn off heat.



MAKE SALSA & SERVE
Meanwhile, dice avocado. Toss in
a medium bowl with remaining tomato
and a squeeze of lime juice. Season
with salt and pepper. Divide filling and
stuffed poblanos between plates. Top
with avocado salsa, crema, and chili
if desired. Serve with remaining lime
wedges on the side.

## **GUAC IT UP!-**

Try mashing your avocado instead of dicing it, stirring in the tomato at the end.

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