



INGREDIENTS

2 PERSON | 4 PERSON



10 oz | 20 oz
Chicken Cutlets



1.5 oz | 3 oz
Honey Dijon Dressing
Contains: Eggs



¼ Cup | ½ Cup
Monterey Jack Cheese
Contains: Milk



1 | 2
Crispy Fried Onions
Contains: Wheat



6 oz | 12 oz
Green Beans



1 tsp | 2 tsp
Garlic Powder



1 | 2
Ciabatta
Contains: Soy, Wheat

HELLO

HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!

SHEET PAN DIJON ONION CRUNCH CHICKEN

with Green Beans & Garlic Bread

SHEET PAN



PREP: 5 MIN | COOK: 30 MIN | CALORIES: 730



GOLD BRUSH

In step 1, we instruct you to brush the tops of your chicken with honey Dijon dressing. We prefer to use a basting brush for the job, but if you don't have one, simply use the back of a spoon to evenly coat.

BUST OUT

- Small bowl
- Paper towels
- Baking sheet
- Kosher salt
- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Butter (3 TBSP | 5 TBSP)
Contains: Milk

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*Chicken is fully cooked when internal temperature reaches 165°.



1 ROAST CHICKEN

- Adjust rack to middle position (**top and middle positions for 4 servings**) and preheat oven to 425 degrees. Place **2 TBSP butter (3 TBSP for 4)** in a small bowl and bring to room temperature.
- Pat **chicken*** dry with paper towels and season all over with **salt** and **pepper**; place on one side of a baking sheet (**spread out across entire sheet for 4**).
- Brush tops of chicken with **½ TBSP honey Dijon dressing (save the rest for serving)**. Sprinkle with **Monterey Jack**. Crush **crispy onions** in their package, then sprinkle over cheese, pressing to adhere.
- Roast on middle rack for 5 minutes (**you'll add more to the sheet then**).



3 MAKE GARLIC BREAD

- Meanwhile, combine **softened butter** with **garlic powder** to taste. Season with **salt** and **pepper**.
- Halve and toast **ciabatta**. Spread cut sides with **garlic butter**. Cut each half on a diagonal.



2 ROAST GREEN BEANS

- Meanwhile, **wash and dry produce**. Trim **green beans** if needed.
- Once **chicken** has roasted 5 minutes, remove sheet from oven. Carefully toss green beans on empty side with a **drizzle of oil**; season with **salt** and **pepper**. (**For 4 servings, leave chicken roasting; add green beans to a second baking sheet and roast on top rack.**)
- Return to middle rack and bake until green beans are tender and chicken is browned and cooked through, 12-15 minutes more.



4 FINISH & SERVE

- Toss **green beans** with **1 TBSP plain butter (2 TBSP for 4 servings)** until melted. Season with **salt** and **pepper**.
- Divide **chicken**, green beans, and **garlic bread** between plates. Serve with **remaining dressing** on the side.

WK 15-5