



Asian Beef Strips with Noodles & Veggie Stir-Fry

FRESH & FAST

Box to plate: 15 mins

Eat me early

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 2609kJ (623Cal) | Protein 49.9g | Fat, total 16.2g - saturated 4g | Carbohydrate 61.2g - sugars 15.4g | Sodium 1211mg
Calorie smart

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Get ready

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You'll need

(along with the basics)



Large Frying Pan



Microwave

From the pantry



Olive Oil



Salt & Pepper

From the cool pouch

	2P	4P
Asian Stir-Fry Mix	1 bag (300g)	2 bags (600g)
Beef Strips	1 small pkt	1 medium pkt
Sichuan Garlic Paste	1 pkt (80g)	2 pkts (160g)

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Sizzle



Asian Stir-Fry Mix



Beef Strips



Thai Seven Spice Blend

2. Zap



Udon Noodles



Coriander

3. Toss



Sichuan Garlic Paste



Crispy Shallots

- Heat **olive oil** in a frying pan over medium-high heat
- Add **stir-fry mix** and cook until softened, **3 mins**
- Transfer to a bowl and set aside
- Return pan to high heat with a drizzle of **oil**. Cook **beef** and **spice blend** until browned, **1-2 mins**

- Meanwhile, pierce **noodle** packet and zap in the microwave until steaming, **2 mins**
- Chop **coriander**

- Add **Sichuan paste**, **noodles** and **veggie mix** to **beef**
- Toss to combine
- Divide between plates and top with **coriander** and **crispy shallots**

