

# SIRLOIN AND MUSTARD SHALLOT CREAM SAUCE with Roasted Potatoes and Carrot Green Bean Amandine



# = HELLO <del>----</del>

### HERBES DE PROVENCE

This blend of six aromatic herbs, including lavender, is southern France's signature seasoning.

PREP: 10 MIN

TOTAL: 35 MIN

CALORIES: 900



Sirloin Steak



Herbes de Provence



Shallot



Green Beans



Beef Stock Concentrate



Sour Cream (Contains: Milk)



Sliced Almonds (Contains: Tree Nuts)



Yukon Gold Potatoes



Carrots



Fry Seasoning



Dijon Mustard

### START STRONG

Why do we ask you to cut the carrots into "green bean-sized pieces" in step 3? This way, the green beans and carrots will cook evenly and at the same pace when roasted.

### BUST OUT =

- Paper towels
- Large pan
- Baking sheet
- Kosher salt
- Peeler
- Black pepper

- 2 Medium bowls
- Sugar (¼ tsp | ½ tsp)
- Olive oil (5 tsp | 5 tsp)
- Butter (3 TBSP | 6 TBSP) (Contains: Milk)



#### Ingredient 2-person | 4-person

· Sirloin Steak\* 14 oz | 28 oz Yukon Gold Potatoes 16 oz | 32 oz

Frv Seasoning

1 TBSP | 1 TBSP

 Shallot Carrots

6 oz | 12 oz

1 | 2

6 oz | 12 oz

 Green Beans Sliced Almonds

1 oz | 2 oz

· Beef Stock Concentrate

· Herbes de Provence

1 | 2

Diion Mustard

2 tsp | 4 tsp 1tsp | 1tsp

Sour Cream

2 TBSP | 4 TBSP

\* Steak is fully cooked when internal temperature reaches 145 degrees.

**WINE CLUB** 

Pair this meal with a HelloFresh Wine matching this icon.







**PREP** Adjust rack to top position and preheat oven to 450 degrees. Wash and dry all produce. Pat steak dry with paper towels; season all over with salt and **pepper**. Let sit at room temperature until ready to cook.



**ROAST POTATOES** Cut **potatoes** into ½-inch-thick wedges. Toss on one side of a baking sheet with a large drizzle of olive oil, half the Fry Seasoning, salt, and pepper. Roast for 10 minutes (we'll add more to the sheet then). (For 4 servings, toss potatoes with all the Fry Seasoning and spread out across baking sheet. Roast, tossing halfway through, 25-30 minutes.)



**ROAST VEGGIES** Meanwhile, halve, peel, and dice shallot. Trim, peel, and halve carrots lengthwise; cut into green bean-sized pieces. Toss in a medium bowl with green beans, a large drizzle of olive oil, salt, and pepper. Once **potatoes** have roasted for 10 minutes, add carrots and beans to empty side of sheet. (For 4 servings, add to a second sheet.) Continue roasting until potatoes are crispy and veggies are tender, 15-20 minutes.



COAT NUTS AND START SAUCE

Meanwhile, melt 1/2 TBSP butter (1 TBSP for 4 servings) in a large, preferably nonstick, pan over medium-high heat. Add almonds; cook, stirring, 1-2 minutes. Add 1/4 tsp sugar (1/2 tsp for 4) and a pinch of salt. Cook until toasted, 1-2 minutes more. Turn off heat; transfer to a plate. Wipe out pan. In a second medium bowl, combine stock concentrate, mustard, and 1/4 cup water ( $\frac{1}{3}$  cup for 4).



**COOK STEAK** Heat a drizzle of **olive oil** in same pan over medium-high heat. Add **steak** and cook until a crust has formed on the first side, 3-6 minutes. Flip steak, lower heat to medium, and add half the Herbes de Provence and 1 TBSP butter (all the spice blend and 2 TBSP butter for 4 servings). Cook steak to desired doneness, 3-6 minutes more. Turn off heat; transfer to a cutting board to rest. Wipe out pan.



FINISH AND SERVE
Melt 1/2 TBSP butter (1 TBSP for 4) in same pan over medium heat. Add **shallot**; cook 30 seconds to 1 minute. Add stock mixture; reduce heat to low. Add sour **cream** and any **resting juices** from steak. Cook until thickened, 1-2 minutes. Stir in 1 TBSP butter (2 TBSP for 4). Slice steak against the grain. Divide steak, potatoes, and veggies between plates. Top steak with sauce. Top veggies with almonds.

= NUTS FOR NUTS =

Try making the sweet and salty Try making the sweet and salty almond topping again for sprinkling over roasted Brussels sprouts. over roasted Brussels sprouts.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com