SIRLOIN STEAK PROVENÇAL

with Truffle Cream, Roasted Carrots, and Potatoes



= HELLO =

HERBS DE PROVENCE

This blend of six aromatic herbs is Southern France's signature seasoning.

PREP: 10 MIN

TOTAL: 45 MIN

CALORIES: 700



Sirloin Steak



Yukon Gold Potatoes



Carrots



Shallot

Sour Cream

(Contains: Milk)

Scallions



Truffle Zest



Herbs de Provence

Beef Stock

Concentrate

6.16 Steak with Roasted Carrots_PREM_NJ.indd 1

START STRONG =

In step 4, you'll practice panbasting, which will enhance the flavor and texture of the steak. Using a pot holder to grasp the handle, tilt the pan toward you just enough to allow the butter to pool.

BUST OUT =

- Peeler
- Large pan
- Paper towels
- · Baking sheet
- Small bowl

Carrots

- Olive oil (4 tsp | 4 tsp)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

INGREDIENTS =

Ingredient 2-person | 4-person

• Yukon Gold Potatoes 12 oz | 24 oz

• Sirloin Steak 14 oz | 28 oz

• Scallions 2 | 2

• Shallot 1 | 2

• Sour Cream 2 TBSP | 4 TBSP

• Herbs de Provence 1tsp | 2 tsp

• Beef Stock Concentrate 1 | 2

WINE CLUB

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4 | 6

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Adjust rack to upper position and preheat oven to 425 degrees. Wash and dry all produce. Halve potatoes, then cut into ½-inch-thick wedges. Trim and peel carrots, then cut diagonally into 1-inch pieces. Pat steak dry with paper towels; season all over with salt and pepper. Let sit at room temperature until ready to cook.



ROAST VEGGIES
Place potatoes on one side of a
baking sheet and carrots on other side.
Toss each with a drizzle of olive oil and
a pinch of salt and pepper, keeping the
veggies separate. Roast until browned
and tender, about 30 minutes.



FINISH PREP
Meanwhile, trim and thinly slice
scallions, separating whites from greens.
Halve, peel, and finely chop shallot. In
a small bowl, stir together sour cream,
a drizzle of olive oil, 1½ tsp water, and
truffle zest (to taste; start with a pinch
and add more from there).



Pat steak again with paper towels. Heat a drizzle of olive oil in a large pan over medium-high heat. Add steak and cook on one side until nicely browned, 4-6 minutes. Flip and lower heat to medium. Add 1 tsp Herbs de Provence (we sent more) and 2 TBSP butter to pan. Carefully tilt pan toward you. Using a spoon, continually baste steak with herbs and butter until you reach desired doneness, 6-9 minutes.



Transfer **steak** to a plate and let rest, keeping any remaining butter in pan. Add **scallion whites** and **shallot** to same pan and place over mediumhigh heat. Cook, stirring, until softened, 3-4 minutes. Stir in **stock concentrate** and **2 TBSP water**. Let simmer until slightly thickened, about 1 minute. **TIP:** Mix the stock concentrate and water in a small bowl before adding so that they're already combined when they hit the pan.

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FINISH AND SERVE
Thinly slice steak against the grain.
Divide steak, potatoes, and carrots
between plates. Stir any juices released
by steak into pan sauce. Drizzle pan
sauce over steak and garnish with
scallion greens. Serve with truffle sour
cream on the side for dipping.

INCREDIBLE! =

Pan-basting with butter is great for adding rich flavor to any protein.