

SIRLOIN STEAK PROVENÇAL with Roasted Veggies & Truffle Cream



## – HELLO — HERBES DE PROVENCE

This blend of six aromatic herbs is southern France's signature seasoning.



Carrots

Yukon Gold

Potatoes



Scallions



Truffle Zest



prep: 10 min

TOTAL: 45 MIN

CALORIES: 690

Sour Cream (Contains: Milk) Herbes de Provence

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## START STRONG

In step 4, you'll practice panbasting, which will enhance the flavor and texture of your steak. Use a pot holder or kitchen towel to grasp the handle of your pan, then tilt it toward you so the butter pools at the bottom.

## = BUST OUT =

- Peeler
  Large pan
- Paper towels Kosher salt
- Baking sheet
  Black pepper
- Small bowl
- Olive oil (1 TBSP | 1 TBSP)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

Ingredient 2-person   4-person	
Yukon Gold Potatoes	i 12 oz   24 oz
Carrots	12 oz   18 oz
Sirloin Steak*	14 oz   28 oz
Scallions	2   2
• Shallot	1   2
Sour Cream	2 TBSP   4 TBSP
Truffle Zest	2 g   2 g
Herbes de Provence	1 TBSP   1 TBSP
Beef Stock Concentry	ate 1 2

\* Steak is fully cooked when internal temperature reaches 145 degrees.





**T**AGING START PREP Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. **Wash and dry all produce.** Halve **potatoes**, then cut into 1/2-inch-thick wedges. Trim, peel, and cut **carrots** on a diagonal into 1-inch-thick pieces. Pat **steak** dry with paper towels; season all over with **salt** and **pepper**. Let sit at room temperature until ready to cook.



4 COOK STEAK Pat steak dry with paper towels again. Heat a drizzle of olive oil in a large pan over medium-high heat. Add steak and cook until nicely browned on first side, 3-6 minutes. Flip and lower heat to medium. Add 1 tsp Herbes de Provence (2 tsp for 4 servings; we sent more) and 2 TBSP butter (4 TBSP for 4) to pan. Carefully tilt pan toward you. Using a spoon, continually baste steak with butter until it reaches desired doneness, 6-9 minutes more. Leaving butter in pan, transfer steak to a cutting board to rest. Share your #HelloFreshPics with us! 1 (646) 846-3663 HelloFresh.com



**2 Place potatoes** and **carrots** on opposite sides of a baking sheet. Toss each with a drizzle of **olive oil** and a pinch of **salt** and **pepper**. Roast on top rack until browned and tender, 25-30 minutes. (For 4 servings, divide veggies between 2 baking sheets; roast potatoes on top rack and carrots on middle rack.)



**5** MAKE PAN SAUCE Heat same pan over medium-high heat and add **scallion whites** and **shallot**. Cook, stirring, until softened, 2-3 minutes. Add **stock concentrate** and ¼ **cup water** (⅓ cup for 4 servings). Bring to a simmer and cook until slightly thickened, 2-3 minutes.



## **3** FINISH PREP & MAKE TRUFFLE CREAM

Meanwhile, trim and thinly slice **scallions**, separating whites from greens. Halve, peel, and finely chop **shallot**. In a small bowl, combine **sour cream**, a drizzle of **olive oil**, and **truffle zest** (start with a pinch, then taste and add more from there if desired). Add **water** 1 tsp at a time until mixture reaches a drizzling consistency.



6 FINISH & SERVE Thinly slice steak against the grain. Divide steak, potatoes, and carrots between plates. Stir any resting juices from steak into pan sauce. Drizzle sauce over steak and garnish with scallion greens. Serve with truffle cream on the side for dipping.

BUTTER UP! =

Pan-basting is great for adding rich flavor to any protein. Next time, try the technique with chicken breasts.