

SIRLOIN STEAK PROVENÇAL

with Roasted Asparagus, Potatoes & Garlic Aioli



= HELLO =

HERBES DE PROVENCE

This blend of six aromatic herbs is southern France's signature seasoning.



TOTAL: 45 MIN

CALORIES: 710



Yukon Gold Potatoes

Asparagus



Sirloin Steak



Red Onion



Mayonnaise (Contains: Eggs)





Garlic

Herbes de Provence

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Scallions

START STRONG

In step 4, you'll practice panbasting, which will enhance the flavor and texture of vour steak. Use a pot holder or kitchen towel to grasp the handle of your pan, then tilt it toward you so the butter pools at the bottom.

BUST OUT =

- Paper towels
- Small bowl
- · Baking sheet
- Kosher salt
- Aluminum foil
- Black pepper
- Large pan
- Olive oil (4 tsp | 4 tsp)
- Butter (2 TBSP | 4 TBSP)

INGREDIENTS =

Ingredient 2-person | 4-person

 Yukon Gold Potatoes 12 oz | 24 oz

6 oz | 12 oz Asparagus

· Sirloin Steak* 14 oz | 28 oz

 Garlic 1 Clove | 2 Cloves

 Scallions 2 | 2

 Red Onion 1|1

• Herbes de Provence 1 TBSP | 1 TBSP

· Beef Stock Concentrate 1 | 2

 Mavonnaise 2 TBSP | 4 TBSP





START PREP

Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. Wash and dry all produce. Cut potatoes into ½-inch-thick wedges. Trim and discard woody bottom ends from asparagus; cut stalks crosswise into 1-inch pieces. Pat **steak** dry with paper towels; season all over with salt and pepper. Let sit at room temperature until ready to cook.



COOK STEAK Pat **steak** dry with paper towels again. Heat a drizzle of olive oil in a large pan over medium-high heat. Add steak; cook until browned on first side, 3-6 minutes. Flip and lower heat to medium. Add 1 tsp Herbes de Provence (2 tsp for 4; we sent more) and 2 TBSP **butter** (4 TBSP for 4) to pan. Carefully tilt pan toward you. Using a spoon, continually baste steak with butter until it reaches desired doneness, 6-9 minutes more. Transfer steak to a cutting board to rest (leave butter in pan).





2 ROAST POTATOES & GARLIC

Toss **potatoes** on one side of a baking sheet with a drizzle of olive oil and a pinch of salt and pepper. (For 4 servings. spread potatoes out across entire sheet.) Peel garlic; place clove in the center of a small piece of foil. Drizzle with olive oil and season with salt and pepper. Cinch into a packet and place on same sheet. Roast on top rack until everything is browned and tender, 28-30 minutes (you'll add the asparagus to the sheet after 18 minutes).



MAKE PAN SAUCE Heat same pan over medium-high heat and add minced onion. Cook, stirring, until softened, 3-4 minutes. Add scallion whites; cook until softened, 1-2 minutes. Add stock concentrate and ¼ cup water (½ cup for 4 servings). Bring to a simmer and cook until slightly thickened, 2-3 minutes.



7 ROAST ASPARAGUS

Once **potatoes** have roasted 18 minutes, remove sheet from oven. Carefully toss asparagus on empty side with a drizzle of olive oil, salt, and pepper. (For 4 servings, add asparagus to a second sheet; roast on middle rack.) Roast until tender and lightly browned, 10-12 minutes more. Meanwhile, trim and thinly slice **scallions**, separating whites from greens. Halve, peel, and mince onion until you have 2 TBSP (4 TBSP for 4; use the rest as you like).



6 MAKE AIOLI & SERVE Carefully transfer roasted garlic to a cutting board; mash with a fork. In a small bowl, combine **mayonnaise** with as much garlic as you like. Season with salt and **pepper**. Slice **steak** against the grain. Divide steak, potatoes, and asparagus between plates. Stir any **resting juices** from steak into pan sauce. Drizzle sauce over steak; garnish with scallion greens. Serve with **garlic aioli** on the side.

= BUTTER UP! =

Pan-basting is great for adding rich flavor to any protein. Next time, try the technique with chicken breasts.

^{*} Steak is fully cooked when internal temperature reaches 145 degrees.