SPEEDY PENNE PASTA

with Mint, Pancetta, and Peas



HELLO -

MINT AND PEAS

This sweet and sassy duo brings a double dose of green.

PREP: 5 MIN TOTAL: 30 MIN

CALORIES: 660



Garlic

Mint







Penne Pasta



Pancetta



Peas



Sour Cream (Contains: Milk)



Veggie Stock Concentrates



Parmesan Cheese

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START STRONG

Keep an eye on the pine nuts as they're toasting. If you see or smell any burning, immediately remove the pan from heat.

BUST OUT

- Large pot
- Large pan
- Strainer
- Olive oil (2 tsp)



Wash and dry all produce. Bring a large pot of salted water to a boil. Mince or grate garlic. Pick mint leaves from stems; discard stems. Roughly chop leaves.



TOAST PINE NUTS

Heat a large, empty pan over medium-low heat. Add pine nuts and toast, tossing frequently, until lightly browned and fragrant, 2-3 minutes.

Remove from pan and set aside.



BOIL PASTA
Once water is boiling, add penne to
pot. Cook, stirring occasionally, until al
dente, 9-11 minutes. Carefully scoop out
and reserve 1/3 cup pasta cooking water,
then drain.

INGREDIENTS

Ingredient 4-person

 Garlic 4 Cloves Mint Pine Nuts 1 oz Penne Pasta 12 oz Pancetta 4 oz Peas 8 oz Sour Cream 8 TBSP Parmesan Cheese ½ Cup • Veggie Stock Concentrates



Heat a large drizzle of olive oil in same pan over medium heat. Add pancetta and cook, tossing, until lightly crisped, 2-3 minutes. Add garlic and peas and toss until fragrant, about 1 minute.



Stir penne, sour cream, half the Parmesan, stock concentrates, and reserved pasta cooking water into pan. Gently toss over medium heat until a thick, creamy sauce forms, 3-4 minutes. Season with salt and pepper.



PLATE AND SERVE
Divide penne mixture between
plates. Sprinkle with mint (to taste),
pine nuts, and remaining Parmesan.

KIDS CAN HELP!

HELLO WINE



PAIR WITH
Provenzano Gavi di Gavi
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PERFECT!

Parmesan, penne, pancetta, and peas make this pasta pleasing.

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