



INGREDIENTS

2 PERSON | 4 PERSON



2 TBSP | 4 TBSP

Garlic Herb
Butter

Contains: Milk



1 | 2

Shallot



1 TBSP | 1 TBSP

Tri-Colored
Peppercorns

Contains: Tree Nuts



1 | 2

Demi-Baguette

Contains: Soy, Wheat



1 | 2

Lemon



1 tsp | 1 tsp

Garlic Powder



6 oz | 12 oz

Green Beans



10 oz | 20 oz

Bavette Steak



10 oz | 20 oz

Shrimp

Contains: Shellfish



2 | 4

Beef Stock
Concentrates

HELLO

SURF & TURF

The classic chophouse pairing of steak and shrimp is elevated here with two luxe toppings: French-style peppercorn pan sauce and garlic herb butter.

BAVETTE STEAK AU POIVRE & GARLIC HERB SHRIMP

with Garlic Bread & Lemony Green Beans



PREP: 5 MIN | COOK: 35 MIN | CALORIES: 1070



MEAT CUTE

Before you start prepping, remove your steak from the fridge and let it sit out at room temperature. If you have time, you can do this an hour before cooking. This simple step will help the steak cook evenly and become perfectly juicy.

BUST OUT

- Large bowl
- Zip-close bag
- Rolling pin
- Zester
- Small bowl
- Baking sheet
- Paper towels
- Large pan
- Kosher salt
- Black pepper
- Olive oil (4 tsp | 4 tsp)
- Butter (3 TBSP | 5 TBSP)
Contains: Milk

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* Steak is fully cooked when internal temperature reaches 145°.
* Shrimp is fully cooked when internal temperature reaches 145°.



1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. Place **garlic herb butter** in a large bowl; bring to room temperature. **Wash and dry all produce.**
- Halve, peel, and mince **shallot** until you have 2 TBSP (4 TBSP for 4 servings). Place **peppercorns** in a zip-close bag; crush with a rolling pin or a heavy-bottomed pan. Halve **baguette** lengthwise. Zest and quarter **lemon** (for 4, zest 1 lemon; quarter both).



4 COOK SHRIMP

- Rinse **shrimp*** under cold water and pat dry with paper towels; season all over with **salt** and **pepper**.
- Heat another **drizzle of olive oil** in pan used for steak over medium heat. Add shrimp and cook until opaque and cooked through, 3-4 minutes.
- Turn off heat; transfer shrimp to large bowl with **garlic herb butter**. Toss until thoroughly coated. Cover to keep warm. Wipe out pan.



2 MIX & ROAST

- Place **1 TBSP plain butter** (2 TBSP for 4 servings) in a small microwave-safe bowl; microwave until softened, 10 seconds. (TIP: Do so in 5-second intervals, checking in between, to avoid melting.) Stir in **garlic powder** (start with ¼ tsp; add more to taste), **salt**, and **pepper**.
- Toss **green beans** on a baking sheet with a **large drizzle of olive oil**, **salt**, and **pepper**.
- Roast on top rack until browned and tender, 12-15 minutes. Cover to keep warm.



5 MAKE PAN SAUCE

- Melt **1 TBSP plain butter** in same pan over medium heat. Add **minced shallot** and cook, stirring, until slightly softened, 1-2 minutes.
- Add **stock concentrates**, **¼ cup water** (⅓ cup for 4 servings), and **½ tsp crushed peppercorns** (1 tsp for 4). (Be sure to measure the crushed peppercorns.) Simmer until slightly thickened, 2-3 minutes.
- Turn off heat. Stir in another **1 TBSP plain butter** (2 TBSP for 4). Season with **salt** and more peppercorns if desired.



3 COOK STEAK

- While green beans roast, pat **steak*** dry with paper towels and season all over with **salt** and **pepper**.
- Heat a **drizzle of olive oil** in a large pan over medium-high heat. Add steak and cook to desired doneness, 5-7 minutes per side.
- Turn off heat; transfer to a cutting board. Wash out pan.



6 FINISH & SERVE

- Spread cut sides of **baguette** with **garlic spread**. Toast in oven (use a baking sheet or place directly on rack) until golden, 3-5 minutes. Halve on a diagonal.
- Toss **green beans** with **lemon zest** and **juice** to taste.
- Slice **steak** against the grain.
- Divide **garlic bread**, green beans, and steak between plates. Spoon **pan sauce** over steak; top with **shrimp**. Serve with any **remaining lemon wedges** and sauce on the side.

WK 12-12