# **SWEET AND SOUR PORK** with Bell Peppers and Jasmine Rice



# HELLO **SWEET AND SOUR**

Take a DIY approach to the takeout-style sauce with soy, vinegar, and plenty of aromatics.



Jasmine Rice

Bell Peppers\*









Vinegar







PREP: 10 MIN TOTAL: 35 MIN

CALORIES: 720



Scallions

Cornstarch

Concentrate

\* Your bell peppers may be orange, yellow, or red. No matter what the color, they will still be delicious!

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#### START STRONG

Don't fuss too much with the pork as you're cooking it in the pan. Just give it a toss from time to time, which will ensure the cornstarch stays on the meat and gets nicely browned and a little crisp.

#### **BUST OUT**

- Small pot
- Large pan
- Paper towel
- Large bowl
- Small bowl
- Sugar (2 TBSP | 4 TBSP)
- Oil (7 tsp | 14 tsp)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

 Jasmine Rice 3/4 Cup | 11/2 Cups

 Bell Peppers 2 | 3

 Garlic 2 Cloves | 2 Cloves

 Scallions 2 | 4

 Pork Chops 12 oz | 24 oz

1 TBSP | 2 TBSP Cornstarch

 White Wine Vinegar 3 tsp | 5 tsp

2 TBSP | 4 TBSP Sov Sauce

 Veggie Stock Concentrate 1 | 2

## **HELLO WINE**



Bergschrund Mosel Riesling, 2016

HelloFresh.com/Wine





### **COOK RICE**

Place 11/4 cups water, rice, and a pinch of salt in a small pot and bring to a boil. Once boiling, cover, lower heat, and reduce to a gentle simmer. Cook until tender, about 15 minutes.



PREP Wash and dry all produce. Core and seed **bell peppers**, then cut into

1-inch squares. Mince or grate garlic. Trim, then thinly slice **scallions**, keeping greens and whites separate. Cut pork into bite-sized pieces, then pat dry with a paper towel. Transfer pork to a large bowl, then add **cornstarch** and toss to

coat. Season with salt and pepper.



**MAKE SAUCE** 

Combine **1 TBSP vinegar** (we sent more), soy sauce, stock concentrate, 1 TBSP water, and 2 TBSP sugar in a small bowl, stirring to dissolve sugar. Set aside.



**COOK PORK** 

Heat a thin layer of oil in a large pan over medium-high heat (we used 2 TBSP). Add **pork** to pan. (**TIP:** Don't overcrowd the pan with pork. Work in batches if your pan isn't big enough to fit it all easily.) Cook, tossing occasionally, until browned on surface, 5-8 minutes. Remove from pan and set aside.



COOK PEPPERS

Heat a drizzle of **oil** in same pan over medium heat. Add scallion whites and cook, stirring, until softened, 1-2 minutes. Add **bell peppers** and cook, tossing, until tender, 4-5 minutes. Toss in garlic and cook until fragrant, 1-2 minutes more. Season with salt and pepper.



**FINISH AND SERVE** 

Stir **pork** and **sauce** into pan with bell peppers. Cook, stirring, until sauce thickens, 1-2 minutes. Divide rice between plates, then top with pork and peppers. Garnish with scallion greens and serve.

# **AMAZING!**

Hearty, colorful, and

finger-licking good

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