

SWEET-AS-HONEY CHICKEN

with Green Beans over Jasmine Rice



HELLO -**HONEY GINGER GLAZE**

A brighter, fresher twist on a takeout-style sauce



Garlic



Jasmine Rice





Green Beans



Ginger

Chicken Breasts

Soy Sauce (Contains: Sov)

Vinegar

Chicken Stock Concentrate



Honey

PREP: 5 MIN TOTAL: 30 MIN

CALORIES: 560

Lime

11/15/17 2:13 PM 49.1 Sweet-as-Honey Chicken_NJ.indd 1

START STRONG

For tender and fluffy grains of rice, reduce the flame under the pot to a bare medium-low when simmering. Keep it covered off heat after it's done, then fluff with a fork before serving

BUST OUT

- Small pot
- Peeler
- Large pan
- Medium bowl
- Plastic wrap
- Medium pan
- Oil (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

 Garlic 2 Cloves | 4 Cloves

• Lime 111

 Ginger 1 Thumb | 1 Thumb

 Jasmine Rice 1/2 Cup | 1 Cup

 Chicken Breasts 12 oz | 24 oz

1½ TBSP | 3 TBSP White Wine Vinegar

 Soy Sauce 1 TBSP | 2 TBSP

 Chicken Stock Concentrate 1|2

6 oz | 12 oz Green Beans

1 oz | 2 oz

HELLO WINE



Honey

Curieuse Pays d'Oc Viognier, 2016





PREP Wash and dry all produce. Bring 1

cup water and a pinch of salt to a boil in a small pot. Mince garlic. Cut lime into wedges. Peel ginger, then mince until you have 1 TBSP.



MAKE GLAZE Stir soy sauce, 2 TBSP water, stock concentrate, and honey into same pan. Let simmer until mixture thickens to a glaze-like consistency, 2-3 minutes. Remove from heat, then return chicken to pan and toss to coat. Set aside until

rest of meal is ready.



COOK RICE AND CHICKEN

Once water boils, add **rice** to pot. Cover, lower heat, and reduce to a gentle simmer. Cook until tender, about 15 minutes. Meanwhile, heat a drizzle of oil in a large pan over medium-high heat. Season chicken all over with salt and pepper. Add to pan and cook until no longer pink in center, 4-5 minutes per side. Remove from pan and set aside.



COOK GREEN BEANS

Place green beans in a medium, microwave-safe bowl with a splash of water. Cover bowl with plastic wrap and poke a few holes in wrap. Microwave on high until tender, about 2 minutes. Meanwhile, heat a drizzle of oil in a medium pan over medium-high heat. Drain water from bowl, then add green beans to pan. Cook, tossing occasionally, until lightly crisped, 3-5 minutes. Season with **salt**, **pepper**, and a squeeze of **lime**.



COOK AROMATICS

Reduce heat under pan to medium low and add a drizzle of oil. Add minced ginger and garlic. Cook, tossing, until softened and fragrant, about 1 minute. Pour in 11/2 TBSP vinegar (we sent more) and let reduce until almost dry and evaporated.



PLATE AND SERVE

Divide **rice** between plates. Top with green beans and chicken. Serve with remaining **lime wedges** on the side for squeezing over.

BRING IT!

So incredibly delicious and

leagues above delivery

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