

SWEET-AS-HONEY CHICKEN

with Snow Peas over Jasmine Rice



HELLO -**HONEY GINGER GLAZE**





Jasmine Rice



White Wine



Chicken Stock

Concentrate

Vinegar



Honey

A brighter, fresher twist on a takeout-style sauce

PREP: 5 MIN TOTAL: 30 MIN

CALORIES: 540

Garlic

Snow Peas

Chicken Breasts

5.1 Sweet-as-Honey Chicken_NJ.indd 1 1/11/18 3:06 PM

START STRONG

Here's the trick to perfect rice: reduce the flame under the pot to a bare medium-low when simmering. Keep it covered off heat after it's done, then fluff the grains with a fork before serving.

BUST OUT

- Small pot
- Peeler
- Large pan
- Medium pan
- Oil (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

Garlic 2 Cloves | 4 Cloves

• Lime 1|1

• Snow Peas 4 oz | 8 oz

• Ginger 1 Thumb | 1 Thumb

• Jasmine Rice ½ Cup | 1 Cup

• Chicken Breasts 12 oz | 24 oz

• White Wine Vinegar 1½ TBSP | 3 TBSP

1 TBSP | 2 TBSP

Chicken Stock Concentrate
 1 | 2

• Honey 1 oz | 2 oz

HELLO WINE



Sov Sauce

PAIR WITH Heuningby South Africa Chenin Blanc, 2016

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Wash and dry all produce. Bring 1 cup water and a pinch of salt to a boil in a small pot. Mince garlic. Cut lime into wedges. Trim tough ends and strings half the snow peas (use the rest as you like).

Peel, then mince **ginger** until you have 1

TBSP.



2 COOK RICE AND CHICKEN
Once water boils, add rice to pot.
Cover and reduce to a simmer. Cook until tender, 15-20 minutes. Meanwhile, heat a drizzle of oil in a large pan over mediumhigh heat. Season chicken all over with salt and pepper. Add to pan and cook until browned and no longer pink in center, 4-5 minutes per side. Remove from pan and set aside.



COOK AROMATICS
Reduce heat under pan to medium
low and add a drizzle of oil. Toss in
minced ginger and garlic and cook until
soft and fragrant, about 1 minute. Pour
in 1½ TBSP white wine vinegar (we sent
more) and let reduce until almost dry
and evaporated.



Stir 1 TBSP soy sauce (we sent more), 2 TBSP water, stock concentrate, and honey into same pan. Let simmer until mixture thickens to a glaze-like consistency, 2-3 minutes. Remove from heat, then return chicken to pan and toss to coat. Set aside until rest of meal is ready.



The cook snow peas Heat a drizzle of oil in a medium pan over medium heat. Add snow peas and cook, tossing, until tender but still a little crisp, 3-4 minutes. Season with salt, pepper, and a squeeze of lime.



PLATE AND SERVE
Divide rice between plates. Top with snow peas and chicken. Serve with lime wedges on the side for squeezing over.

BRING IT!

So incredibly delicious and leagues above delivery

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