SWEET 'N' SPICY MEATLOAVES with Roasted Carrots and Potatoes



HELLO **HOT HONEY**

A sweet and spicy condiment that will satisfy heat-lovers

Scallions







Fry Seasoning





Beef Stock







Concentrate

Ketchup

Brown Sugar

Hot Honey

PREP: 15 MIN TOTAL: 35 MIN CALORIES: 780 Yukon Gold Potatoes

Thyme

Panko Breadcrumbs Meatloaf Mix (Contains: Wheat)

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START STRONG

Splash a little water on your hands before shaping the meatloaves in step 3. This will help the meat stick to itself and not to your hands.

BUST OUT

- 2 Baking sheets Tongs
- Peeler

Carrots

- Large bowl
- Small bowl
- Vegetable oil (4 tsp | 5 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

 Garlic 2 Cloves | 2 Cloves 2 | 4 Scallions

 Yukon Gold Potatoes 12 oz | 24 oz

 Thyme 1/4 oz | 1/4 oz

 Frv Seasoning 1 TBSP | 2 TBSP

• Panko Breadcrumbs 1/2 Cup | 1/2 Cup

• Beef Stock Concentrate 1 | 2

10 oz | 20 oz • Ground Pork

 Meatloaf Mix 1 TBSP | 2 TBSP

 Ketchup 2 TBSP | 4 TBSP

 Hot Honey 3/4 oz | 11/2 oz

 Brown Sugar ½ TBSP | 1 TBSP

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.



3 | 6





PREP

Wash and dry all produce. Adjust racks to upper and lower positions and preheat oven to 450 degrees. Lightly oil a baking sheet. Mince garlic. Trim, then thinly slice **scallions**, separating greens and whites. Peel carrots, then cut diagonally into 1/2-inch-thick slices. Cut potatoes into ½-inch cubes.



ROAST POTATOES

Toss potatoes and whole thyme sprigs on a second baking sheet with a drizzle of oil. Season with fry seasoning and plenty of salt and pepper. Roast in oven on upper rack until browned and crisp at edges, 25-30 minutes.



SHAPE MEATLOAVES

Meanwhile, in a large bowl, stir together 1/4 cup panko (we sent more), stock concentrate, and 1/4 cup water. Allow panko to fully soak, then add pork, garlic, scallion whites, meatloaf mix, and salt. (TIP: We used ½ tsp kosher salt.) Combine with your hands. Shape mixture into two 1-inch-tall loaves and place on one side of oiled baking sheet.



ROAST CARROTS AND MEATLOAVES

Add carrots to other side of same baking sheet, toss with a large drizzle of oil, and season with salt and pepper. Place sheet on lower rack of oven and roast until carrots are tender and lightly browned and **meatloaves** are nearly cooked through, 20-25 minutes.



MIX KETCHUP AND GLAZE CARROTS

In a small bowl, stir together **ketchup** and hot honey. Set aside. Once carrots and meatloaves are done, remove from oven and sprinkle carrots with half the **brown sugar** (use the rest as you like). Toss carrots on baking sheet using tongs or a spatula. Return to oven and continue roasting until sugar melts and coats carrots in a glaze, 3-5 minutes.



FINISH AND SERVE

Once **potatoes** are done, remove from oven and add 1 TBSP butter to sheet. Toss until potatoes are coated. Discard **thyme sprigs**, then divide potatoes, carrots, and meatloaves between plates. Drizzle ketchup mixture over meatloaves. Garnish everything with scallion greens.

SPICE IT UP!

Hot honey takes meatloaf

for a walk on the wild side.

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