

# **TEX-MEX BEAN WRAPS**

with Guacamole, Wedge Salad & Chile-Lime Dressing



TOTAL TIME: 10 MIN | CALORIES: 1050



#### **BUST OUT**

- Strainer
- ・ Whisk
- Medium bowl · Paper towels
- Large bowl
- Cooking oil (2 tsp | 2 tsp)
- Olive oil (2 TBSP | 4 TBSP)

#### THAT'S A WRAP

The keys to rolling a perfect wrap? First, warm your tortillas to make them more pliable. Second, don't overstuff! Add just enough filling to easily fold and roll.

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### INSTRUCTIONS

- Bring honey to room temperature. (TIP: Place in a bowl of warm water if crystallized.) Wash and dry produce. Drain and rinse beans. Quarter lime. Gently crush tortilla chips in the bag. Trim and discard root end from lettuce; quarter lengthwise.
- In a medium microwave-safe bowl, combine <u>%</u> of the Tex-Mex paste (you'll use the rest in the next step) with a large drizzle of oil. Stir in beans. Microwave for 1 minute; stir in juice from one lime wedge (two wedges for 4 servings). Set aside.
- In a large bowl, whisk together mayonnaise, honey, remaining Tex-Mex paste, juice from half the lime, and 2 TBSP olive oil (4 TBSP for 4 servings).
  TIP: Tex-Mex paste is slightly spicy—if heat-sensitive, use less.
- Wrap tortillas in damp paper towels; microwave until warm and pliable, 30 seconds. Place tortillas on a clean work surface; spread guacamole across the bottom third of each tortilla. Top with Tex-Mex beans; sprinkle with half the Mexican cheese blend and half the tortilla chips. Place 1-2 lettuce leaves on chips (you'll use the rest for salad).
- Fold bottom side of each **tortilla** up over **filling**, then fold over left and right sides toward the filling. Roll up tortillas, starting with filled sides, to form **wraps**.
- Halve wraps on a diagonal. Divide wraps and remaining lettuce between plates. Drizzle chile-lime dressing over lettuce; sprinkle with remaining Mexican cheese blend and remaining tortilla chips. Serve with any remaining lime wedges on the side.

WK 2-30