# THREE-CHEESE TAGLIATELLE ALFREDO

with Broccoli and Tuscan Herbs



## HELLO -

#### **TUSCAN HEAT SPICE**

Our blend of aromatic Italian-style herbs also packs a pinch of peppery hot pizazz.



Broccoli Florets









Italian Cheese Blend (Contains: Milk)

PREP: 5 MIN TOTAL: 25 MIN CALORIES: 790 Tagliatelle Pasta (Contains: Wheat)

Cream Cheese (Contains: Milk)

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Parmesan Cheese (Contains: Milk)

#### **START STRONG**

Whenever we cook pasta, we like to reserve some of the water used for boiling. Not only will it help thin your sauce to just the right consistency, it has starches that create a silky-smooth mouthfeel.

#### **BUST OUT**

- Large pot
- Strainer
- Olive oil (2 tsp | 4 tsp)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)



Ingredient 2-person | 4-person

• Broccoli Florets 8 oz | 16 oz

• Scallions 2 | 4

• Garlic 2 Cloves | 4 Cloves

Tagliatelle Pasta 6 oz | 12 oz
 Tuscan Heat Spice 1 TBSP | 2 TBSP

• Cream Cheese 4 TBSP | 8 TBSP

• Greek Yogurt 4 oz | 8 oz

• Parmesan Cheese ¼ Cup | ½ Cup

**WINE CLUB** 

Pair this meal with a HelloFresh Wine matching this icon.

• Italian Cheese Blend



1/2 Cup | 1 Cup

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Wash and dry all produce. Bring a large pot of salted water to a boil. Cut any large broccoli florets into bite-size pieces. Trim, then thinly slice scallions, separating greens and whites. Mince garlic.



PASTA
Once water boils, add tagliatelle to pot. Cook 6 minutes, then add broccoli.
Continue to cook until noodles are al dente and broccoli is just barely tender, about 2 minutes. Scoop out and reserve 1 cup cooking water, then drain.



Return empty pot to stove over medium heat. Add a large drizzle of olive oil, then stir in scallion whites, garlic, and Tuscan heat spice. Cook until fragrant, about 30 seconds, then pour in ¾ cup reserved cooking water. Add cream cheese, stirring until well combined. Remove pot from heat and set aside for 1 minute to cool.



FINISH SAUCE
Once sauce in pot has cooled
slightly, add yogurt, Italian cheese, half
the Parmesan, 2 TBSP butter, and a few
pinches of salt and pepper and stir until
smooth.



TOSS PASTA
Add tagliatelle and broccoli to pot with sauce and stir until well combined. If sauce seems thick, add more of the reserved cooking water until everything is covered in a loose but creamy coating. Season with salt and pepper.



FINISH AND SERVE
Divide pasta between plates or
bowls. Sprinkle with scallion greens and
remaining Parmesan and serve.

### **HOORAY!**

Three cheers for a trio of cheeses.

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