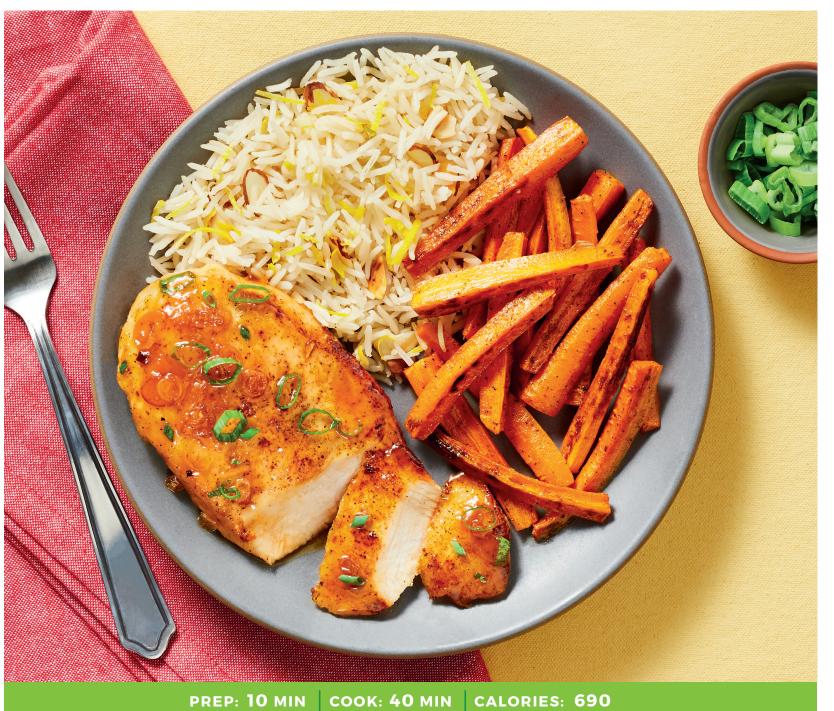
# **TURKISH-SPICED CHICKEN IN APRICOT PAN SAUCE**

with Lemon Almond Rice & Harissa-Roasted Carrots



HELLO FRESH INGREDIENTS 2 PERSON | 4 PERSON 2 2 12 oz | 24 oz Scallions Carrots 1 1 1 TBSP | 1 TBSP Harissa Powder 🍿 Lemon ½ oz | 1 oz 1/2 Cup | 1 Cup Almonds Basmati Rice Contains: Tree Nuts 1 TBSP | 1 TBSP 10 oz | 20 oz Chicken Cutlets Turkish Spice Blend 2 TBSP | 4 TBSP 1 2 Chicken Stock Apricot Jam Concentrate HELLO **TURKISH SPICE** 

This blend of cumin, garlic powder, coriander, allspice, and chili flakes adds earthy, warming depth and a touch of heat to chicken.

6



#### **GO NUTS**

There's no need to add oil to your pot before toasting the almonds in step 3—the heat brings out their natural oils for crunchier texture and deep, roasty flavor. Pro tip: Nuts can burn quickly, so keep a close eye on them and stir often for perfectly golden results.

# **BUST OUT**

- Peeler
- Zester
- Baking sheet
- Small pot
- Small bowl
- Paper towels
- Large pan
- Kosher salt
- Black pepper
- Cooking oil (**1 tsp** | **1 tsp**)
- Olive oil (2 tsp | 2 tsp)
- Butter (2 TBSP | 3 TBSP)
  Contains: Milk

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\* Chicken is fully cooked when internal temperature reaches 165°.



#### 1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. Wash and dry all produce.
- Trim, peel, and cut carrots into sticks (like fries; ours were 3 inches long and ½ inch thick). Trim and thinly slice scallions, separating whites from greens. Zest and quarter lemon.



### **2 ROAST CARROTS**

- Toss carrots on a baking sheet with a drizzle of oil, ¼ tsp harissa powder
  (½ tsp for 4 servings), and a big pinch of salt and pepper. (Be sure to measure the harissa powder—we sent more.) TIP: For easy cleanup, line your baking sheet with foil or parchment paper before adding the carrots.
- Roast on top rack until lightly browned and tender, 15-20 minutes. TIP: Give the carrots a taste after roasting and add a pinch more harissa powder if you like things spicy.

**5 MAKE SAUCE** 

• Heat another **drizzle of olive oil** in

same pan over medium heat. Add

remaining scallion whites; cook,

• Stir in jam, stock concentrate, ¼ cup

squeeze of lemon juice. Simmer until

(2 TBSP for 4) until melted. Taste and

water (1/3 cup for 4 servings), and a

stirring, until softened, 1 minute.

thickened. 3-5 minutes more.

seems thick.

• Turn off heat: stir in 1 TBSP butter

season with **salt** and **pepper**. TIP: Stir in a splash more water if sauce



# **3 TOAST NUTS & COOK RICE**

- Meanwhile, heat a small, dry pot over medium-high heat. Add **almonds** and cook, stirring occasionally, until lightly toasted, 2-4 minutes. Turn off heat; transfer to a small bowl. Wipe out pot.
- Melt 1 TBSP butter in same pot over medium-high heat. Add half the scallion whites and cook, stirring occasionally, until softened, 1 minute.
- Stir in rice and ¾ cup water (1½ cups for 4 servings); season with salt. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



# 6 FINISH & SERVE

- Fluff **rice** with a fork; stir in **toasted almonds** and **lemon zest** to taste. Season with **salt** and **pepper**.
- Divide **chicken**, rice, and **carrots** between plates. Spoon **sauce** over chicken. Garnish with **scallion greens** and serve with **remaining lemon wedges** on the side.
  - WK 24-6



#### **4 COOK CHICKEN**

- While rice cooks, pat chicken\* dry with paper towels; season all over with half the Turkish Spice (all for 4 servings), salt, and pepper.
- Heat a **drizzle of olive oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side.
- Turn off heat; transfer chicken to a plate to rest. Wipe out pan.

