



- HELLO -**SOUTHWEST SPICE BLEND**

Chili powder, garlic, and cumin make for a sultry, subtle seasoning



Yellow Onions



Baby Gem Lettuce





Southwest Spice Blend



Crushed Tomatoes



Cheddar Cheese (Contains: Milk)



Roma Tomatoes



Kidney Beans



Ground Beef



(Contains: Milk)



Sour Cream Whole Wheat Tortillas (Contains: Wheat)

PREP: 10 MIN

TOTAL: 35 MIN

CALORIES: 786

START STRONG

It's OK if your burritos aren't perfectly rolled. The beauty of this dish is that it's meant to be a bit messy—you want some of that saucy filling to fall out and get nice and oozy.

BUST OUT

- Strainer
- Zester
- Large pan
- 3 Small bowls
- Large baking dish
- Large bowl
- Oil (5 tsp)

INGREDIENTS

Ingredient 4-person	
Yellow Onions	2
• Roma Tomatoes	2
Baby Gem Lettuce	2
Kidney Beans	1 Box
• Lime	1
Ground Beef	16 oz
Southwest Spice Blend	2 TBSP
Sour Cream	4 TBSP
• Crushed Tomatoes	1 Box
Whole Wheat Tortillas	8
Cheddar Cheese	½ Cup

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Wash and dry all produce. Preheat oven to 400 degrees. Halve, peel, and thinly slice onions. Core, seed, and dice tomatoes. Thinly slice baby gem lettuce. Drain and rinse beans. Mash with a fork or potato masher in a small bowl until mostly smooth but still a little chunky. Zest lime and cut into wedges.



Stir crushed tomatoes and ¼ cup water into pan. Season with salt and pepper, then bring to a simmer. Carefully ladle or spoon out about ¼ cup of tomato mixture and set aside in a small bowl. Add beef and beans to pan and stir to combine. Let simmer until slightly thickened, 2-3 minutes.



2 COOK BEEF

Heat a large drizzle of oil in a large
pan over high heat. Add beef, breaking it
up into pieces with a spatula or wooden
spoon. Cook until browned, 3-5 minutes.
Season with salt and pepper. Remove
from pan with slotted spoon and set
aside. Carefully pour out and discard any
excess grease from pan.



Divide beef mixture evenly between tortillas to fill. Fold in the sides and roll up each. Place rolled tortillas in a row, seam-side down, in a large baking dish (you may need two). Pour reserved tomato mixture across the top. Sprinkle with cheddar. Bake in oven until cheese is melted, about 5 minutes.



COOK ONIONS AND MAKE CREMA

Add **onions** and a large drizzle of **oil** to same pan. Cook until browned, 6-7 minutes, tossing occasionally. Stir in **Southwest spice blend**. Season with **salt** and **pepper**. While **onions** cook, mix together **sour cream**, **lime zest**, and a squeeze of **lime juice** in a small bowl. Season with **salt** and **pepper**.



MAKE SALAD AND SERVE
While burritos bake, toss baby gem
lettuce, tomatoes, a squeeze of lime
juice, and a drizzle of oil in a large bowl.
Season with salt and pepper. Divide
burrito bake between plates, dollop
with crema, and serve next to salad.



THAT'S A WRAP!

So much beefy goodness, the tortillas can hardly contain it all.