



VEGAN COCONUT CURRY TOFU LETTUCE WRAPS

with Bell Pepper, Cilantro & Lime

INGREDIENTS

2 PERSON | 4 PERSON



1 | 2
Bell Pepper*



1 | 2
Lime



¼ oz | ½ oz
Cilantro



1 | 2
Baby Lettuce



1 | 2
Tofu
Contains: Soy



1 tsp | 2 tsp
Garlic Powder



1 TBSP | 2 TBSP
Curry Powder



1 | 2
Coconut Milk
Contains: Tree Nuts



1 oz | 2 oz
Sweet Thai Chili
Sauce



1 | 2
Veggie Stock
Concentrate



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WE'D BE SIMMERING LIKE STEW OVER
THERE TOO. SCAN HERE TO GET HELP!



*The ingredient you received may be a different color.

HELLO

LETTUCE WRAPS

Crisp, fresh lettuce leaves make a wonderfully crunchy cradle for tofu and veggies.



PREP: 5 MIN | COOK: 20 MIN | CALORIES: 490



TOFU TIPS

For the crispiest tofu, first press out extra moisture by layering it between paper towels and placing a weight on top—a cutting board with a heavy can will do. Let the tofu cook in the pan without moving it, so it develops a nice crust.

BUST OUT

- Paper towels
- Large pan
- Zester
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)
- Sugar (1 tsp | 2 tsp)

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1 PREP

- Wash and dry produce.
- Open and drain **tofu**; press out excess water with paper towels. Halve crosswise, then stand tofu upright and halve vertically. Lay flat and cut into ¾-inch cubes.
- Core, deseed, and dice **bell pepper** into ¾-inch pieces. Zest and quarter **lime** (for 4 servings, zest one lime and quarter both). Roughly chop **cilantro**. Trim and discard root end from **lettuce**; separate leaves.



3 FINISH CURRY

- Thoroughly shake **coconut milk** in container before opening. Stir in coconut milk, **chili sauce**, **stock concentrate**, **juice from half the lime**, and **1 tsp sugar** (2 tsp for 4 servings).
- Bring to a boil, then reduce heat to medium low. Simmer until curry has thickened and bell pepper is tender, 4-6 minutes. **TIP: If curry seems too thick, stir in splashes of water as needed.**
- Taste and season with **salt** and more lime juice if desired. Turn off heat; stir in **half the cilantro** and **lime zest** to taste.



2 START CURRY

- Season **tofu** with **salt** and **pepper**.
- Heat a **large drizzle of oil** in a large, preferably nonstick, pan over medium-high heat. Add tofu and cook, undisturbed, until lightly browned on bottom, 2-3 minutes.
- Add **bell pepper** and a **pinch of salt**; stir to combine. Cook, stirring occasionally, until bell pepper is softened and tofu is lightly browned all over, 5-7 minutes.
- Stir **garlic powder** and **2 tsp curry powder** (4 tsp for 4 servings) into same pan. **(TIP: Use more curry powder if you like a stronger flavor!)** Cook, stirring occasionally, 1 minute.



4 ASSEMBLE & SERVE

- Fill **lettuce leaves** with **curry** and garnish with **remaining cilantro**.
- Divide **lettuce wraps** between plates; serve with any **remaining lime wedges** on the side.