

INGREDIENTS

2 PERSON | 4 PERSON



Sweet Potatoes





Black Beans



Red Onion



Lime



1TBSP | 1TBSP Mexican Spice Blend



1/2 Cup | 1 Cup Panko Breadcrumbs Contains: Wheat



1/2 Cup | 1 Cup



Cilantro



4 TBSP | 8 TBSP Guacamole







ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

HELLO

PANKO BREADCRUMBS

Japanese-style breadcrumbs give these cakes a light, airy crunch.

VEGAN MEXICAN-SPICED SWEET POTATO CAKES

with Lime-Pickled Onion, Guacamole, Rice & Beans



PREP: 10 MIN COOK: 40 MIN CALORIES: 820



FRY. FRY AGAIN

Check that the oil is hot enough between batches with a pinch of panko. If it sizzles immediately, that's your green light.

BUST OUT

- Peeler
- Small pot
- Strainer
- Small bowl
- Medium bowl
- Large pan
- Plastic wrap
- Paper towels
- · Potato masher
- Kosher salt
- Black pepper
- Cooking oil (for frying)

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1 PREP

- · Wash and dry produce.
- Peel and dice **sweet potatoes** into ½-inch pieces. Halve, peel, and thinly slice half the onion; finely dice remaining half. Drain and rinse **beans**. Halve **lime**.



2 MICROWAVE POTATOES

- In a medium microwave-safe bowl. combine sweet potatoes, diced onion, half the Mexican Spice Blend, 1/4 cup panko, 1 tsp water (all the Mexican Spice Blend, ½ cup panko, and 2 tsp water for 4 servings), and a large pinch of salt and **pepper**. Cover tightly with plastic wrap; microwave until fork-tender, 4-6 minutes.
- · When sweet potatoes are done, mash with a potato masher or fork until smooth. Taste and season with salt and pepper if desired. Allow to cool slightly.



- · While sweet potatoes cook, in a small pot, combine rice, 3/4 cup water (11/2 cups for 4 servings), and a pinch of salt. Bring to a boil, then cover and reduce heat to low. Cook, covered, until rice is tender, 15-18 minutes. Fluff rice with a fork: stir in beans and 1/4 tsp salt.
- · Keep covered off heat until ready to serve.



4 PICKLE ONION

· While rice cooks, in a small bowl, combine sliced onion, juice from whole lime (both limes for 4 servings), and a pinch of salt. Set aside to pickle until ready to serve.



5 FORM & FRY PATTIES

- Form sweet potato mixture into six 1/2-inch-tall patties (12 patties for 4 servings).
- Place remaining panko in a shallow dish; press each patty into panko until coated on all sides.
- Heat a 1/3-inch layer of oil in a large, preferably nonstick, pan over medium-high heat. Once oil is hot enough that a pinch of panko sizzles when added to the pan, gently add patties (it's OK if they fall apart a little!). Cook until golden brown, 2-3 minutes per side. TIP: Don't crowd the pan! You may need to work in batches. Lower heat if browning too quickly.
- Transfer to a paper-towel-lined plate; season immediately with salt.



6 FINISH & SERVE

- · Roughly chop cilantro; stir into bowl with pickled onion.
- Divide rice and beans between shallow bowls. Serve sweet potato cakes on one side and pickled onion (draining first), guacamole, and as much hot sauce as you like on the other side