LEMONY PAN-SEARED CHICKEN

with Pesto, Peas, and Potatoes



HELLO -

PESTO POTATO SALAD

The classic side gets jazzed up with an Italian-inspired twist.



Yukon Gold Potatoes



Scallions



Chicken Breasts



Pesto (Contains: Milk)



Peas

Pine Nuts (Contains: Tree Nuts)



Lemon

PREP: 5 MIN

TOTAL: 30 MIN

CALORIES: 540

START STRONG

Keep an eye on the pine nuts as you're toasting them. If you see or smell any burning, remove the pan from heat immediately.

BUST OUT

- Medium pot
- Strainer
- Plastic wrap
- Large pan
- Medium bowl
- Oil (1 tsp | 2 tsp)

INGREDIENTS

Ingredient 2-person | 4-person

Yukon Gold Potatoes
 Peas
 Chicken Breasts
 2 oz | 24 oz | 8 oz | 8 oz | 24 o

• Pine Nuts 1 oz | 2 oz

Pesto 2 TBSP | 4 TBSPScallions 2 | 4

• Lemon 1 | 1

HELLO WINE

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BOIL POTATOES AND PEAS

wash and dry all produce. Cut potatoes into 3/4-inch cubes. Place in a medium pot with a large pinch of salt and enough water to cover by 2 inches. Bring to a boil and cook until just shy of tender, 10-12 minutes. Add peas and continue boiling until both are fully cooked, 2-3 minutes longer. Drain.



Heat a drizzle of **oil** in same pan over medium-high heat. Add **chicken** and cook until browned and no longer pink in center, 3-4 minutes per side. Remove from pan and set aside to rest.



BUTTERFLY CHICKEN

With your hand on one **chicken breast**, cut ¾ of the way through center,
parallel to cutting board, stopping before
you slice through completely. Open it up
and cover with plastic wrap. Pound with
a mallet or heavy pan until ½-inch thick.
Season with **salt** and **pepper**. Repeat
with other chicken breast.



TOAST PINE NUTS

Heat a large, empty pan over medium-low heat. Add **pine nuts** and toast, tossing frequently, until lightly browned and fragrant, 2-3 minutes. Remove from pan and set aside.



5 PREP AND MAKE POTATO SALAD

Trim, then thinly slice **scallions**. Cut **lemon** in half. In a medium bowl, toss together **peas**, **potatoes**, **scallions**, **pine nuts**, **2 TBSP pesto** (we sent more), and a squeeze of **lemon**. Season to taste with **salt** and **pepper**.



FINISH AND PLATE

Slice **chicken** into strips. Divide **potato salad** between plates. Drizzle with a squeeze of **lemon** and dollop with remaining pesto (if desired).

PEAS OUT!

Green peas, herbs, and scallions put the *salad* in potato salad.

