

CHORIZO EGG POLENTA PANCAKES

with Spinach and a Spicy Tomato Sauce



HELLO -

POLENTA CAKES

Creamy cornmeal is pan-fried 'til it's delightfully crisp on the outside, tender on the inside.



Chorizo







(Contains: Eggs)

Tuscan Heat Spice Baby Spinach





Red Onion

Polenta

Diced Tomato

PREP: 5 MIN

TOTAL: 30 MIN

CALORIES: 480

START STRONG

Don't wipe out the pan after cooking the chorizo. The leftover grease is great for frying the other ingredients and will give them extra flavor.

BUST OUT

- Large pan
- Slotted spoon
- Baking sheet
- Oil (2 tsp | 4 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

• Chorizo ³/₄ Pack | 1½ Packs

Red Onion

1|2 ½ Pack | 1 Pack

• Tuscan Heat Spice 1 TBSP 2 TBSP

Diced Tomato
 1 Can | 2 Cans

Baby Spinach

5 oz | 10 oz

• Eggs

• Polenta

2|4

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COOK CHORIZO

Preheat oven to 350 degrees. Slice 3/4 of the **chorizo** into rounds (we sent more than needed). Add to a large pan over medium-high heat. Cook, tossing occasionally, until **oil** has rendered and rounds are crispy, 4-5 minutes. Remove from pan with a slotted spoon. Set aside, keeping as much **oil** in pan as possible.



Heat a drizzle of oil in same pan over medium-high heat. Add onion and 1 tsp Tuscan heat spice (we sent more). Cook, tossing, until onion is softened, 3-5 minutes. Stir in tomatoes and bring to a boil. Lower heat and reduce to a simmer. Season to taste with salt, pepper, and additional Tuscan heat spice (to taste—it's spicy).



PREPWash and dry all produce. While chorizo cooks, halve, peel, and slice onion into thin slices. Slice half the polenta into ½-inch-thick rounds (we sent more than needed).



FRY POLENTA
Add polenta in a single layer to
same pan over medium-high heat. Cook
until browned and crispy, 3-5 minutes
per side. (TIP: Add a drizzle of oil if pan
seems dry.) Transfer to a baking sheet.
Place in oven to keep warm.



Add spinach and 1 TBSP butter to pan and stir to combine. Continue simmering until spinach is wilted, 2-3 minutes. Set aside a few rounds of chorizo for garnish, then stir remaining rounds into pan. Season with salt and pepper. Simmer until liquid is mostly evaporated, 2-3 minutes more.



Heat a drizzle of oil in another large pan over medium-high heat. Crack eggs into pan and cook sunny side up to desired doneness, 2-4 minutes. Divide polenta between plates. Top with sauce and spinach mixture. Place an egg on top of each, then garnish with reserved chorizo.

PERFECT!

Pretty polenta pancakes are sure to impress for breakfast or brunch.