

PEPPERCORN-GRAVY STEAK

with Broccoli and Garlic Bread



HELLO -**PEPPERCORN GRAVY**

Crushing pepper by hand makes its flavors come alive in this rich and creamy sauce.



Ciabatta Bread









Beef Stock Concentrate





Scallions

Ranch-Cut Steak

Dijon Mustard

PREP: 5 MIN TOTAL: 30 MIN

CALORIES: 800

Peppercorns

31.4 Peppercorn Gravy Steak_NJ.indd 1 7/11/18 4:40 PM

START STRONG

Adding a little water along with the broccoli will help the stalks cook faster. We also suggest covering your pan to trap the steam (if your pan doesn't have a lid, use aluminum foil).

BUST OUT

- Zip-close bag
- Medium bowl
- Medium pan
- Small bowl
- Large pan
- Paper towel
- Butter (3 TBSP | 6 TBSP) (Contains: Milk)
- Vegetable oil (2 TBSP | 4 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

Garlic 2 Cloves | 4 Cloves

• Scallions 2 | 4

Ciabatta Bread
 1 | 2

• Black Peppercorns 1 TBSP | 2 TBSP

Broccoli Florets
 8 oz | 16 oz

Broccon riorets CO2 | 10 C2

Beef Stock Concentrate
 1 2

• Diion Mustard 2 tsp | 4 tsp

• Sour Cream 2 TBSP | 4 TBSP

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.

• Ranch-Cut Steak



10 oz | 20 oz

HelloFresh.com/Win





PREP

Wash and dry all produce. Take out 2 TBSP butter and let sit at room temperature. Mince or grate garlic. Trim and thinly slice scallions, separating greens and whites. Split ciabatta in half (as if for a sandwich). Place peppercorns in a zip-close bag; crush in bag using a rolling pin or a heavy-bottomed pan.



COOK STEAK AND AROMATICS

Heat a drizzle of **oil** in a large pan over medium-high heat. Pat **steak** dry with a paper towel. Season with plenty of **salt** and **pepper**. Add to pan and cook to desired doneness, 3-6 minutes per side. Set aside to rest. Heat another drizzle of oil in same pan over medium-high heat. Add **scallion whites** and 1/4 **tsp crushed peppercorns** (use more or less to taste). Cook until softened, about 2 minutes.



STEAM BROCCOLI

Heat a large drizzle of **oil** in a medium pan over medium-high heat.
Add **broccoli** and **3 TBSP water**. Cover pan and let steam until broccoli is bright green and starting to become tender, about 3 minutes. Uncover and allow remaining water to evaporate.



ADD GARLIC

Toss a large drizzle of oil and half the garlic into pan with broccoli. Cook until broccoli is crisped and garlic is fragrant, 1-2 minutes more. Season with salt and pepper. Remove from pan and set aside. Carefully wipe out pan.



5 MAKE GRAVY AND GARLIC BUTTER

Stir stock concentrate, 1/3 cup water, and mustard into pan, scraping up any browned bits on bottom. Simmer until reduced by half, about 2 minutes. Remove from heat and stir in another 1 TBSP butter. Pour mixture into a medium bowl, whisk in sour cream, and set aside. In a small bowl, mix reserved 2 TBSP butter and remaining garlic. Season with salt and pepper.



FINISH AND SERVE

Spread garlic butter onto cut sides of ciabatta. Heat pan used for broccoli over medium-high heat. Add ciabatta buttered-side down and toast until light golden, 2-3 minutes. Thinly slice steak against the grain. Divide between plates and spoon gravy over top. Sprinkle with scallion greens. Serve with broccoli and ciabatta on the side.

SWEPT AWAY!

Use the toasts to sop up the gravy and any juices from the steak.

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