

INGREDIENTS

2 PERSON | 4 PERSON



Mandarin Orange



Red Onion



1/4 oz | 1/4 oz



Tex-Mex Paste



1/2 Cup | 1 Cup Jasmine Rice



Ancho Chili Powder



Lime



Poblano Depper



10 oz | 20 oz Chicken Breast



1 TBSP | 2 TBSP Southwest Spice Blend



4 TBSP | 8 TBSP Smoky Red Pepper Crema Contains: Milk, Soy

HELLO

MANDARIN ORANGE

Sweeter than the common orange, this fruit squeezes juice that's perfect for marinades, sauces, or sipping on its own.

YUCATAN CITRUS CHICKEN BOWLS

with Poblano, Smoky Red Pepper Crema & Pickled Onion



CALORIES: 650



MARVELOUS MARINADE

Citrus juice is a key ingredient in the cuisine of the Yucatan. a region bordering the Gulf of Mexico. There, it's often used as a marinade for meat, as well as a pickling liquid for tangy onions. Here, we pair lime and mandarin orange juices with zesty spices to add punchy, vibrant complexity to chicken, then garnish with lime-pickled onion slices for good measure.

BUST OUT

- Zester
- Paper towels
- Medium bowl
- Small pot
- 2 Small bowls
- Large pan
- Kosher salt
- Black pepper
- Sugar (¼ tsp | ½ tsp)
- Cooking oil (1 TBSP | 1 TBSP)
- Butter (1 TBSP | 1 TBSP) Contains: Milk

GET SOCIAL

Share your #HelloFreshPics with us @HelloFresh

(646) 846-3663

HelloFresh.com



1 PREP & MARINATE CHICKEN

- · Wash and dry all produce.
- Halve mandarin. Zest and quarter lime. Halve, peel, and thinly slice onion. Halve, core, and thinly slice poblano crosswise into strips. Roughly chop cilantro.
- Pat chicken* dry with paper towels; place in a medium bowl. Toss with Tex-Mex paste, juice from whole mandarin, juice from 1 lime wedge (for 4 servings, add juice from both mandarins and 2 lime wedges), lime zest, and half the Southwest Spice (you'll use the rest in the next step).



2 COOK RICE

- In a small pot, combine rice, 3/4 cup water (1½ cups water for 4 servings). remaining Southwest Spice, and a big pinch of salt. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender. 15-18 minutes.
- Keep covered off heat until ready to serve.



3 PICKLE ONION & MIX CREMA

- · While rice cooks. in a small microwavesafe bowl, combine 1/4 of the onion. juice from half the lime, ¼ tsp sugar (1/2 tsp for 4 servings), and a pinch of salt. Microwave until onion is softened, 1 minute. Set aside.
- In a separate small bowl, combine smoky red pepper crema and a pinch of salt. Add water 1 tsp at a time until mixture reaches a drizzling consistency.



4 COOK VEGGIES

- Heat a **drizzle of oil** in a large pan over medium-high heat. Add poblano and season with salt and pepper. Cook, stirring, until slightly softened, 3-4 minutes.
- Add another **drizzle of oil** and remaining onion; season with salt and pepper. Cook, stirring, until veggies are tender. 4-6 minutes.
- Transfer to a plate.



5 COOK CHICKEN

- Heat a **drizzle of oil** in same pan over medium-high heat. Add chicken and cook, stirring occasionally, until lightly charred and cooked through, 4-6 minutes. Add a pinch of chili powder to taste. Taste and season with salt and pepper.
- Stir in cooked **veggies**, then remove pan from heat.



6 FINISH & SERVE

- Fluff rice with a fork: stir in 1 TBSP butter and season with salt to taste.
- Divide rice between bowls and top with chicken and veggie mixture, crema, and as much pickled onion (draining first) as you like. Sprinkle with cilantro. Cut remaining lime into wedges and serve on the side.

* Chicken is fully cooked when internal temperature reaches 165°.