

Crispy Artichoke & Patatas Bravas Salad

with Goat Cheese & Toasted Almonds



Patatas bravas is Spain's most beloved late-night snack. What could be better than crispy fried potatoes with a spicy aioli sauce? We've taken the flavors of patatas bravas and transformed them into a virtuous salad, complete with almonds, goat cheese, and juicy tomatoes. Olé!



40 min



level 2







Artichokes





Arugula



Grape Tomatoes



Garlic



Goat Cheese



Parsley



Sliced Almonds



Mayonnaise

Chipotle Chili Powder



White Wine Vinegar

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Ingredients		2 People	4 People	*Not Included	.⊑_
Artichokes		1 jar	2 jars		1_
Idaho Potato		1	2	Allergens	34 in
Arugula		4 oz	8 oz	1) Milk	.i.
Grape Tomatoes	rape Tomatoes		2 bunches	•	- 1/2 i
Goat Cheese	1)	1/4 C	1/₂ C	2) Nuts	.t_
Sliced Almonds	2)	1 oz	2 oz	3) Eggs	
Mayonnaise	3)	3 T	6 T		Ruler 0 in 1
Chipotle Chili Powder		1 t	2 t		0 i
White Wine Vinegar		1 T	2 T		
Garlic		2 cloves	4 cloves		
Parsley		1 bunch	2 bunches		
Olive Oil*		1 T	2 T	Tools Large Pan, Small B	owl

Nutrition per person Calories: 495 cal | Carbs: 26 g | Fat: 29 g | Protein: 15 g | Fiber: 7 g



Preheat oven to 400 degrees. Halve the artichokes lengthwise and pat dry between two layers of paper towels. Halve the **tomatoes**. Pick the parsley leaves off the stems. Mince or grate the garlic. Peel and dice the **Idaho potato** into ½-inch pieces. **HINT:** Be sure to cut the potatoes as evenly as possible; use the ruler above for help!



2 Heat a ¼–inch layer of **oil** in a large pan over medium-high heat. Add the **potatoes** and fry for 6-7 minutes, turning to cook on all sides, until golden brown and crispy. Remove from oil and reserve on a paper-towel lined plate. Season with salt and pepper.



3 Add the **artichokes** to the same pan and fry for 6-7 minutes, turning to cook on all sides, until golden brown and crispy. Remove from oil and reserve on a paper-towel lined plate. Season with salt and pepper.



4 Make the **chipotle dressing**: in a small bowl, mix together the mayonnaise, white wine vinegar, garlic (to taste) and chipotle powder (to taste). Season with salt and pepper.



5 Plate the arugula and top with tomatoes, sliced almonds, goat cheese, potatoes, and artichokes. Drizzle with chipotle dressing, garnish with **parsley leaves**, and enjoy!

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