



CHIPOTLE CHICKEN & RICE BOWLS

with Roasted Sweet Potato & Salsa Fresca



HELLO

CHIPOTLE POWDER

This warm and smoky spice adds a touch of heat to cooling crema.

PREP: 10 MIN | **TOTAL: 35 MIN** | **CALORIES: 660**



Sweet Potato



Roma Tomato



Lime



Sour Cream
(Contains: Milk)



Chipotle Powder



Yellow Onion



Scallions



Jasmine Rice



Southwest
Spice Blend



Chicken Cutlets

START STRONG

Always seem to squish tomatoes when you're trying to slice or dice 'em? Try switching to a serrated or bread knife! The teeth on the blade will cut through the skin every time. Bye-bye, accidental tomato sauce.

BUST OUT

- Zester
- Baking sheet
- Small pot
- 2 Small bowls
- Paper towels
- Vegetable oil (4 tsp | 4 tsp)
- Butter (1 TBSP | 2 TBSP)
(Contains: Milk)
- Large pan
- Kosher salt
- Black pepper

INGREDIENTS

Ingredient **2-person** | **4-person**

- Sweet Potato 1 | 2
- Yellow Onion 1 | 2
- Scallions 2 | 4
- Roma Tomato 1 | 2
- Lime 1 | 2
- Southwest Spice Blend 1 TBSP | 2 TBSP
- Jasmine Rice ½ Cup | 1 Cup
- Sour Cream 4 TBSP | 8 TBSP
- Chipotle Powder 1 tsp | 1 tsp
- Chicken Cutlets* 10 oz | 20 oz

* Chicken is fully cooked when internal temperature reaches 165 degrees.



1 PREP

Adjust rack to top position and preheat oven to 425 degrees. **Wash and dry all produce.** Dice **sweet potato** into ½-inch pieces. Halve, peel, and cut **onion** into ½-inch-thick wedges. Trim and thinly slice **scallions**, separating whites from greens. Dice **tomato**. Zest and quarter **lime**.



4 MAKE CHIPOTLE CREMA

While rice cooks, in a small bowl, combine **sour cream**, a squeeze of **lime juice**, and a pinch of **chipotle powder** (taste and add more from there if you like things spicy). Stir in **water** 1 tsp at a time until mixture reaches a drizzling consistency. Season with **salt** and **pepper**.



2 ROAST VEGGIES

Toss **sweet potato** on one side of a baking sheet with a drizzle of **oil**, **salt**, **pepper**, and half the **Southwest Spice** (you'll use the rest later). Toss **onion** on empty side with a drizzle of **oil**, **salt**, and **pepper**. Roast on top rack, tossing halfway through, until browned and tender, 20-25 minutes.



5 COOK CHICKEN

Pat **chicken** dry with paper towels; season with **salt**, **pepper**, and remaining **Southwest Spice**. Heat a drizzle of **oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side. Transfer to a cutting board. Let chicken rest, then slice crosswise.



3 COOK RICE

Meanwhile, heat a drizzle of **oil** in a small pot over medium-high heat. Add **scallion whites** and cook until softened, 1 minute. Add **rice**, ¾ cup **water** (1½ cups for 4 servings), and a big pinch of **salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15-18 minutes. Keep covered off heat until ready to serve.



6 MAKE SALSA & SERVE

In a second small bowl, combine **tomato**, **scallion greens**, a squeeze of **lime juice**, **salt**, and **pepper**. Fluff **rice** with a fork; stir in **1 TBSP butter** (2 TBSP for 4 servings), a squeeze of lime juice, **lime zest** to taste, **salt**, and **pepper**. Divide between bowls. Top with **veggies**, **chicken**, and **salsa**. Drizzle with **chipotle crema**. Serve with remaining lime on the side.

SPICE FACTOR

Mix a pinch of leftover chipotle powder into ketchup or barbecue sauce for a hot 'n' smoky upgrade.



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