

CRISPY CHEDDAR FRICO CHEESEBURGERS

with Caramelized Onion Jam and Roasted Broccoli



HELLO -**CHEDDAR FRICO**

Baked cheese wafers add an unexpected layer of crispiness.









Red Onion Brioche Buns

Broccoli Florets

Cheddar Cheese









PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 800

Roma Tomato **Ground Beef**

Sherry Vinegar

10/11/18 11:13 AM

44.2 Crispy Cheddar Frico Cheeseburgers_NJ.indd 1

START STRONG

Craving a more classically comforting burger? You can melt the cheese on top of the patties after flipping instead of making the frico crisps.

BUST OUT

- 2 Baking sheets
- Large pan
- Small bowl
- Cooking spray
- Olive oil (1 TBSP | 2 TBSP)
- Sugar (1 tsp | 2 tsp)



Ingredient 2-person | 4-person

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.

Ketchup



2 TBSP | 4 TBSP

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Wash and dry all produce. Adjust rack to upper position and preheat oven to 425 degrees. Halve, peel, and thinly slice onion. Slice tomato into rounds. Split buns in half. Shape beef into two evenly sized patties (make them slightly

wider than the buns).



ROAST BROCCOLI
Toss broccoli on a baking sheet with a drizzle of olive oil and a pinch of salt and pepper. Roast in oven until lightly crisped, 15-20 minutes.



MAKE ONION JAM
Heat a drizzle of olive oil in a large
pan over medium-high heat. Add onion
and cook, tossing, until soft, 5-6 minutes.
Stir in 1 TBSP vinegar (we sent more)
and 1 tsp sugar. Simmer until liquid is
nearly evaporated, 1-2 minutes. Season
with salt and pepper. Transfer to a small
bowl and set aside



Lightly grease another baking sheet with **cooking spray**. (TIP: Alternatively, line your sheet with parchment paper or lightly oil.) Place **cheddar** on sheet in two even piles. Bake in oven until melted in middle and crispy at the edges, 5-7 minutes. Let cool on sheet for about a minute after removing from oven, then transfer to a plate using a spatula to cool further.



5 COOK PATTIES AND TOAST BUNS

Meanwhile, wipe out pan used for onion jam and heat a drizzle of **olive oil** in it over medium-high heat.

Season **beef patties** all over with **salt** and **pepper**. Add to pan and cook to desired doneness, 3-6 minutes per side.

Meanwhile, place **buns** on sheet used for cheddar frico. Toast in oven until golden, 3-4 minutes.



ASSEMBLE BURGERS
Fill each bun with a beef patty,
onion jam, tomato slices, ketchup, and
a cheddar frico. Serve with broccoli on
the side.

SUCCESS!

Fan of frico? You can also use it to garnish soups and salads.

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