



# Saucy Beef Ragù<sup>1</sup> with Olive Tapenade

20-min

Optional Spice

↗ Customized Protein

+ Add

↻ Swap

or

\*2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, [visit hellofresh.ca](https://www.hellofresh.ca)

↻ Swap



Mild Italian Sausage, uncased  
250 g | 500 g

↻ Swap



Beyond Meat®  
2 | 4



Ground Beef  
250 g | 500 g



Penne  
170 g | 340 g



Tomato  
2 | 4



Crushed Tomatoes with Garlic and Onion  
1 | 2



Mixed Olives  
30 g | 60 g



Beef Broth Concentrate  
1 | 2



Zesty Garlic Blend  
1 tbsp | 2 tbsp



Parmesan Cheese, shredded  
¼ cup | ½ cup



Chili Flakes  
1 tsp | 2 tsp



**Allergens** Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

**Pantry items** | Sugar, oil, salt, pepper, unsalted butter

**Cooking utensils** | Measuring spoons, strainer, small bowl, measuring cups, large pot, large non-stick pan

1



### Cook beef

- Before starting, add 10 cups hot water and 2 tsp salt to a large pot (use same for 4 ppl).
- Cover and bring to a boil over high heat.
- Wash and dry all produce.

[Swap](#) | [Mild Italian Sausage](#)

[Swap](#) | [Beyond Meat®](#)

- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add ½ **tbsp** (1 **tbsp**) **oil**, then **beef**.
- Cook, breaking up **beef** into smaller pieces, until no pink remains, 4-5 min.\*\*
- Carefully drain and discard excess fat.
- Season with **salt**, **pepper** and **Zesty Garlic Blend**.

2



### Cook penne

- While **beef** cooks, add **penne** to the **boiling water**.
- Cook uncovered, stirring occasionally, until tender, 10-12 min.

3



### Cook sauce

- Add **broth concentrate**, **crushed tomatoes**, **1 tbsp** (2 **tbsp**) **butter** and ½ **tsp** (1 **tsp**) **sugar** to the pan with **beef**.
- Reduce heat to medium.
- Simmer, stirring occasionally, until **sauce** starts to thicken, 6-8 min. Season with **salt** and **pepper**.

4



### Make olive tapenade

- Meanwhile, cut **tomatoes** into ¼-inch pieces.
- Drain, then finely chop **olives**.
- Add **tomatoes**, **olives** and ½ **tbsp** (1 **tbsp**) **oil** to a small bowl. (**TIP**: We love using extra virgin olive oil in this tapenade!)
- Season with **salt** and **pepper**, then stir to combine.

5



### Assemble ragu<sup>1</sup>

- When **penne** is tender, reserve ¼ **cup** (½ **cup**) **pasta water**.
- Strain **penne**, then return to the same pot, off heat.
- Add **sauce**, **half the Parmesan** and **reserved pasta water** to the pot.
- Season with **salt** and **pepper**, then toss to combine.

6



### Finish and serve

- Divide **beef ragu** between bowls, then top with **olive tapenade**.
- Sprinkle **remaining Parmesan** over top.
- Sprinkle **chili flakes** over top, if desired.

Measurements  
within steps

1 **tbsp** (2 **tbsp**) **oil**  
2 person 4 person Ingredient

### 1 | Cook sausage

[Swap](#) | [Mild Italian Sausage](#)

If you've opted to get **Italian sausage**, cook and plate it in the same way the recipe instructs you to cook and plate the **beef**.\*\*

### 1 | Cook Beyond Meat®

[Swap](#) | [Beyond Meat®](#)

If you've opted to get **Beyond Meat®**, cook and plate it in the same way the recipe instructs you to cook and plate the **beef**.\*\*



Issue with your meal? Scan the QR code to share your feedback.

\*\* Cook to a minimum internal temperature of 74°C/165°F.