



# WASABI ZINGER SALMON

over Jasmine Rice and Green Beans



## HELLO

### WASABI CREMA

The prickly horseradish paste adds a kick to this drizzly dairy sauce.

PREP: 10 MIN | TOTAL: 25 MIN | CALORIES: 710



Veggie Stock Concentrate



Jasmine Rice



Salmon  
(Contains: Fish)



Sesame Seeds



Lime



Sour Cream  
(Contains: Milk)



Wasabi Paste



Green Beans



## START STRONG

No microwave? No problem! In step 5, you can boil the green beans in a medium pot of salted water until tender, 3-4 minutes. Drain, then toss with oil and sesame seeds as instructed.

## BUST OUT

- Small pot
- Paper towel
- Zester
- Large bowl
- Small bowl
- Large pan
- Vegetable oil (1 TBSP | 2 TBSP)
- Butter (1 TBSP | 2 TBSP)  
(Contains: Milk)

## INGREDIENTS

Ingredient 2-person | 4-person

- Veggie Stock Concentrate 1 | 2
- Jasmine Rice ½ Cup | 1 Cup
- Lime 1 | 2
- Sour Cream 4 TBSP | 8 TBSP
- Wasabi Paste 1 tsp | 2 tsp
- Salmon 10 oz | 20 oz
- Green Beans 6 oz | 12 oz
- Sesame Seeds 1 TBSP | 2 TBSP

## WINE CLUB

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## 1 COOK RICE

Bring **1 cup water** and **stock concentrate** to a boil in a small pot. Once boiling, add **rice**. Cover, lower heat, and reduce to a gentle simmer. Cook until tender, about 15 minutes. Keep covered off heat until meal is ready.



## 4 COOK SALMON

Heat a large drizzle of **oil** in a large pan over medium-high heat. Pat **salmon** dry with a paper towel and season all over with **salt** and **pepper**. Add to pan skin-side down. Cook until skin is crisp and flesh is almost cooked, 5-7 minutes. Flip and cook on other side to desired doneness, 1-2 minutes more. Remove from pan and set aside.



## 2 PREP

Zest **lime**, then cut into wedges.



## 5 STEAM GREEN BEANS

Pierce **green bean bag** with a fork and place on a microwave-safe plate. Microwave on high for 3-4 minutes (or until beans are tender). Carefully remove beans from bag and transfer to a large bowl along with a drizzle of **oil**. Toss to coat beans, then add **sesame seeds** and toss again. Season with **salt** and **pepper**.



## 3 MAKE CREMA

In a small bowl, stir together **sour cream**, **½ tsp lime zest**, a squeeze of **lime juice**, and **wasabi paste** (to taste—start with a pinch and add more from there). Season with **salt** and **pepper**. **TIP:** Give the crema a taste and adjust with more lime zest, lime juice, or wasabi paste as needed.



## 6 FINISH AND SERVE

Fluff **rice** with a fork, then stir in **1 TBSP butter**. Season with **salt** and **pepper**. Divide rice and **green beans** between plates. Arrange **salmon** on top of rice, then dollop with **crema**. Serve with any remaining **lime wedges** on the side.

## WHAT A BLAST!

The crema is also great on steak or other types of seafood.

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